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# MeCare - 'Mobile Enabled' Care

Initiative Type

Model of Care

Status

Deliver

Added

13 September 2017

Last updated

09 June 2022

URL

<https://test.clinicalexcelsence.qld.gov.au/improvement-exchange/mecare>

## Summary

MeCare is an innovative program of West Moreton Hospital and Health Service (WMHHS), in partnership with Philips Healthcare, providing specialised support for people with challenging health issues and circumstances. The name stands for 'Mobile enabled' Care and this means care that is not just in the hospital/ health centre but wherever the patient is. The program is delivered by a team of health professionals including Doctors, Nursing and other health professionals. This team works

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closely with General Practitioners and other care providers to ensure that a wide range of health factors are monitored and enable patients to make decisions in managing their response to changes in health condition. This is achieved through setting goals with you and planning a range of education and support activities. This will, at times, be delivered via easy to use health monitoring devices and technology. This gives patients a relationship with the team that has not been possible before and will contribute greatly to the management of their health. The project was a finalist in the Connecting Healthcare Category at the 2018 Queensland Health Awards for Excellence.

#### Key dates

Jul 2015

Sep 2017

#### Implementation sites

West Moreton Hospital and Health Service

#### Partnerships

Healthcare Improvement Unit, Philips Healthcare

## Key Contacts

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## **Aim**

The aim is to collectively help COPD, asthma, heart failure, CKD and diabetes patients stay as motivated and healthy as they can, in their homes with a high level of engagement in their health decision making.

## **Benefits**

- Individualised package of care for each patient
- Goal setting, education and support activities will be delivered via easy to use technology.

## **Background**

The ICIF provides financial support to innovative projects that deliver better integration of care, address fragmentation in services and provide high-value healthcare. Funded projects also demonstrate a willingness to embrace and encourage the uptake of new technology alongside the benefits of integrating care and improving communication between health care sectors.

## **Solutions Implemented**

Blood pressure machine, weight scales, glucose meter/s (if required) and blood oxygen meter. All devices connect wirelessly to a tablet device.

## **Further Reading**

[West Moreton Hospital: MeCare Program](#)

