
Books 2 Bedside

Initiative Type

Education and Training

Status

Deliver

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URL

<https://test.clinicalexcclence.qld.gov.au/improvement-exchange/books-2-bedside>

Summary

The organisational based, multi-faceted approach workshop assists student nurses to build on previously learnt knowledge and skills to improve their clinical practice, prior to their commencement as a registered nurse. Partnering with Central Queensland University the Central Queensland Hospital and Health Service (CQHHS) educational team will provide training around clinical, professional and organisation shortfalls the students may be experiencing, in a safe and flexible

environment.

The workshop is run several times a year to capture student nurses prior to Graduate Nurse interviews and before commencement of the graduate intake.

Key dates

Aug 2017

Apr 2020

Implementation sites

Rockhampton Hospital

Partnerships

Central Queensland University (Rockhampton Campus)

Key Contacts

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Aim

The Books 2 Bedside program is an organisational based workshop, developed for Bachelor of Nursing students to bridge the professional clinical and organisation deficits experienced by some students, when preparing to transition from student to Graduate Registered Nurse.

Benefits

- Decrease in culture shock
- Exhibits supportive environment
- Increase in retention
- Familiarisation with Nurse Educators
- Understanding of organisational expectations

Background

Feedback from students indicated that they did not feel prepared transitioning from students to Registered Nurse in the CQHHS. The delay in finishing university and the commencement of a graduate position could be months for some students, therefore they wanted an opportunity to consolidate or reverse previously learnt skills.

Solutions Implemented

- Workshop designed to be variable and cater to students and organisational needs with topics such as:
 - Infection control principles
 - Assessment and clinical observations
 - Medication safety-administration, IV preparation and delivery (including syringe drivers and Guardrail guidelines)
 - Simulation based activities, including: recognition of deterioration (delirium, sepsis) , diabetes management and paediatric care.
 - Organisational process, including access to policies and procedures
 - Interview skills

Evaluation and Results

- Positive participant evaluations
- Graduate interview feedback
- Verbal feedback from preceptor on ward

Lessons Learnt

- Time constraints - only eight-hour workshop
- Participants found it challenging to comply with CQHHS documentation
- Participants reported that they wanted more simulation

References

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- Woods C, West C, Mills J, Park T, Southern J, Usher K. Undergraduate student nurses' self-reported preparedness for practice. *Collegian*. 2015 22(4):359-68.10.1016/j.colegn.2014.05.003
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