Maternity specific virtual reality training in Outback Queensland

Initiative Type
Education and Training
Status
Plan
Added
13 May 2024
Last updated
24 October 2024
URL
https://test.clinicalexcellence.qld.gov.au/improvement-exchange/maternity-specific-virtual-reality-training-outback-queensland
Summary

The North West Hospital and Health Services (NWHHS) requires all remote area Nurses to complete Neonatal resuscitation and imminent birth training as part of their mandatory training. There are many

unique circumstances which hinder continued upskilling in maternity emergencies including, wet season and chronic short staffing. An alternative model of training was sought as remote health services continued to be obstructed from attended face-to-face training in Mount Isa. This is where the idea for offering Virtual reality maternity training to remote sites was first envisioned. During 2023 and 2024 NWHHS employed a Midwife Educator for developing, implementing, and researching Virtual Reality maternity training to Registered Nurses working in remote health centres, it is hoped that virtual reality training will revolutionise education for remote HHS'. Twenty virtual reality headsets and controllers are being dispersed between Mount Isa, Cloncurry, Normanton, Karumba, Mornington Island and Doomadgee. Ethics were sought and approved by the Townsville Ethics Committee to commence a research project to assess the participants' perceived preparedness for unexpected or unplanned maternity care in remote areas, following education delivered by Virtual Reality software.

unplanned maternity care in remote areas, following education delivered by Virtual Reality
Key dates
Jul 2023
Jun 2025
Implementation sites
North West Hospital and Health Service
Partnerships
Bundle of Rays, University of Sunshine Coast, Central Queensland University SC, CQU
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Aim

The aim of this study is to better understand participants' perceived preparedness for unexpected or unplanned maternity care in remote areas, following education delivered by Virtual Reality software.

Benefits

Innovative maternity training to the NWHHS staff to address unique rural and remote needs.

Background

The need for maternity care in the rural and remote areas of Australia is huge and well-documented.

Solutions Implemented

We are in the process of developing and deploying Virtual Reality (VR) training in both imminent birth and neonatal resuscitation.

Evaluation and Results

Types of evaluation

This study will utilise a Kirkpatrick model framework for evaluating the effectiveness of workforce training (Kirkpatrick, & Kirkpatrick, 2006). This model is supported via a meta-analysis of team training in healthcare (Hughes et al., 2016) and is important to ensure how the training can improve patient outcomes.

The levels are summarised as:

Domain 1: Trainee Reaction: healthcare staff response to training using rating scales about the different aspects of the teaching

Domain 2: Learning: knowledge acquisition produced by training experience increasing learning scores from pre-to post-training

Domain 3: Behaviour: the application of the knowledge and/or skills learnt during training to the clinical job demands

Domain 4: Results: addressing ultimate performance or measurable impact on the organisation.

PDF saved 31/05/2025