

## Care at end of life: Education and training resources catalogue

| Method icon legend  |                                                                                   |                              |                                                                                     |                       |                                                                                     |
|---------------------|-----------------------------------------------------------------------------------|------------------------------|-------------------------------------------------------------------------------------|-----------------------|-------------------------------------------------------------------------------------|
| eLearning           |  | Short courses and workshops  |  | Clinical experiences  |  |
| Cost to participate | \$                                                                                | Computer and video resources |  | Brochures & pamphlets |  |
| Conferences         |  | Mobile application           |  | Telephone             |  |

**Table 1: Care at the end of life: Education and training resources catalogue**

| Workforce capabilities     | Organisation<br>(Hyperlinked website)                                         | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Method                                                                                                                                                                  | Length     |
|----------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Level 1-3, Community A & B | Queensland Health<br><a href="#">Care at end of life consumer information</a> | <p><u>Website</u></p> <p><a href="#">Care at end of life information</a> targeted towards patients, carers and family<br/>www.qld.gov.au/careatendoflife (short URL for promotional purposes)</p> <p><u>Brochures</u></p> <ul style="list-style-type: none"> <li>DL brochure—<a href="#">Understanding advance care planning</a></li> <li>DL brochure—<a href="#">Understanding care at the end of life</a></li> <li>Booklet—<a href="#">Information for family and carers</a></li> </ul> <p><u>Consumer videos</u></p> <ul style="list-style-type: none"> <li><a href="#">Why aren't we talking about dying?</a></li> <li><a href="#">Can planning for death improve our life?</a></li> <li><a href="#">Is it ever too early to plan?</a></li> <li><a href="#">Starting the conversation</a></li> </ul> |   | Self-paced |

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| Level 1-3, Community A & B | Queensland Health<br><a href="#">Care at end of life clinician information</a> | <p><a href="#">Care at end of life information</a> targeted towards clinicians<br/>www.qld.gov.au/careatendoflife (short URL for promotional purposes)</p> <p><u>Queensland Health clinical guidelines</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Advance Care Planning Clinical Guidelines</a> <ul style="list-style-type: none"> <li>○ <a href="#">6 Step ACP Process</a></li> <li>○ <a href="#">ACP Quick Guide</a></li> </ul> </li> <li>• <a href="#">End-of-life care: Guidelines for decision-making about withholding and withdrawing life-sustaining measures from adult patients</a> <ul style="list-style-type: none"> <li>○ <a href="#">Flowcharts</a> for providing healthcare and withholding/withdrawing life-sustaining measures</li> <li>○ <a href="#">Life-sustaining measures and legal considerations</a></li> </ul> </li> <li>• <a href="#">Care Plan for the Dying Person</a> <ul style="list-style-type: none"> <li>○ <a href="#">Care Plan for the Dying Person Health Professional Guidelines</a></li> </ul> </li> <li>• <a href="#">Residential Aged Care End of Life Care Pathway</a></li> <li>• <a href="#">Sad News, Sorry Business: Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying</a></li> <li>• <a href="#">Guide to informed decision-making in healthcare</a></li> <li>• <a href="#">Guidelines for the handling of medication in community based palliative care services in Queensland</a></li> </ul> <p><u>Clinician videos</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Are you talking about dying?</a></li> <li>• <a href="#">Good death, bad death, what's the difference?</a></li> </ul> |       | Self-paced |
|                            | <a href="#">Australian Association of Gerontology</a>                          | <p><a href="#">Common ethical dilemmas at the end of life</a></p> <ul style="list-style-type: none"> <li>• The law relating to withholding or withdrawing treatment for older people at the end of life</li> <li>• Clinical decision making around nutrition, hydration and de-prescribing for older people at end of life</li> <li>• Requests to withhold information to older people with a life limiting illness.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  \$ | Self-paced |



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| Level 1-3,<br>Community<br>A & B | <a href="#">PalAssist</a>                                                                                         | PalAssist is a 24-hour accessible online and telephone service that is free for anyone who has a life limiting illness or condition, and/or their families and carers).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |    | Phone service |
|                                  | <a href="#">Palliative Care Australia</a>                                                                         | <p>Palliative Care Australia (PCA) is the national peak body for palliative care. PCA has produced resources for patients, carers and health professionals.</p> <ul style="list-style-type: none"> <li>• <a href="#">What is palliative care?</a></li> <li>• <a href="#">Learn more about pain and pain management</a></li> <li>• <a href="#">The dying process</a></li> <li>• <a href="#">Asking questions can help</a></li> <li>• <a href="#">Understanding grief</a></li> <li>• <a href="#">Diabetes and palliative care – information for patients</a></li> <li>• <a href="#">Your choices and decisions</a></li> <li>• <a href="#">Directory of Services</a></li> <li>• <a href="#">Palliative Care in Aged Care</a></li> <li>• <a href="#">How can I support my friend/family member?</a></li> <li>• <a href="#">Facts about morphine and other opioid medicines in palliative care</a></li> <li>• <a href="#">Ten questions to ask about palliative care in residential aged care</a></li> <li>• <a href="#">Dementia and palliative care discussion paper</a></li> <li>• <a href="#">Living Well with Metastatic Breast Cancer</a></li> <li>• <a href="#">Massage therapy in palliative care</a></li> <li>• <a href="#">Compassionate Communities: An implementation guide for community approaches to end of life care</a></li> <li>• <a href="#">Final Report: Compassionate Communities Feasibility Study</a></li> </ul> <p><a href="#">National Palliative Care Standards (Edition 5)</a>: developed to be used by specialist palliative care services to support the delivery of high quality palliative care for the person receiving care, their family and carers.</p> |    | Self-paced    |
|                                  | <a href="#">Palliative Care NSW</a><br><a href="#">Palliare: A Handbook for Palliative Care Volunteers in NSW</a> | This handbook offers background and practical guidance for people who volunteer in Palliative Care settings. Some of the information is specific to NSW but will be of interest to Palliative Care and hospice volunteers in Queensland.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  | Self-paced    |
|                                  | <a href="#">Talking End of Life (TEL)</a>                                                                         | Guidance in how to talk to people with intellectual disability about end of life. Designed for disability support professionals but also helpful for families, health professionals, and educators. With assistance, people with intellectual disability might also find the TEL information helpful. TEL is an online version of the Dying to Talk project.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  | Self-paced    |

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| Level 1-3              | <a href="#">Australian Commission on Safety and Quality in Health Care</a> | <p><a href="#">National Safety and Quality Health Service Standards</a>: a nationally consistent statement of the level of care consumers can expect from health service organisations. There are five that relate to care at end of life: Standard 1 – Clinical Governance, Standard 2 – Partnering with Consumers, Standard 5 – Comprehensive Care, Standard 6 – Communicating for Safety, Standard 8 – Recognising and Responding to Acute Deterioration.</p> <p><a href="#">The national consensus statement: Essential elements for safe and high-quality end-of-life care</a>: the Consensus Statement aligns with the National Safety and Quality Health Service (NSQHS) Standards, but provides recommended, rather than mandatory, practice. It also aligns with the <i>National Consensus Statement: essential elements for recognising and responding to clinical deterioration</i>, and it is intended that these documents be applied together.</p> <p><a href="#">The national consensus statement: Essential elements for safe and high-quality paediatric end-of-life care</a>: considerations, principles and actions required to provide optimal care to children at the end of life.</p> |     | Self-paced |
|                        | <a href="#">Australian Centre for Grief and Bereavement</a>                | <a href="#">Education and training programs</a> offered as webinars, workshops, formal RTO courses, conferences and customised training.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  \$ | Various    |
|                        | <a href="#">Australian Government, Department of Health</a>                | <a href="#">National Palliative Care Strategy 2018</a> - The National Strategy is intended to be used by all Australian governments, as well as organisations and individuals, in guiding the improvement of palliative care across Australia so that people affected by life-limiting illnesses get the care they need to live well. The National Strategy provides a shared direction and an authorising environment for the continual improvement of palliative care services throughout Australia.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |     | Self-paced |
|                        | <a href="#">Australian Healthcare &amp; Hospitals Association</a>          | <a href="#">Palliative care online training portal</a> is a free online CPD accredited training tool developed to improve the quality of life for people with a life-limiting illness, as well as for their families and carers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |     | Self-paced |
|                        | <a href="#">CareSearch: Palliative care knowledge network</a>              | The CareSearch Project consolidates online palliative care knowledge for health professionals, people needing palliative care and their families, and for the general community.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |   | Self-paced |
|                        | <a href="#">caring@home Project</a>                                        | <p><a href="#">Online education modules</a> are aimed at educating registered nurses about the <i>caring@home</i> resources and how they can be used to teach carers to help manage breakthrough symptoms safely using subcutaneous medicines.</p> <ul style="list-style-type: none"> <li>Module 1 - Introducing the <i>caring@home</i> resources and their benefits.</li> <li>Module 2A &amp; 2B - Conducting a one-on-one training session.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |   | Self-paced |
|                        | <a href="#">Centre for Palliative Care</a>                                 | <a href="#">Palliative Care: Getting started</a> is a free online course for health professionals to introduce key palliative care concepts required to provide best practice clinical care.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |   | Self-paced |

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| Level 1-3              | <a href="#">Centre for Palliative Care Research and Education (CPCRE)</a> | <p><a href="#">CPCRE</a> is a Queensland Health-funded initiative, developed to enhance palliative care education and research throughout Queensland.</p> <ul style="list-style-type: none"> <li><a href="#">CPCRE education</a></li> <li><a href="#">CPCRE education calendar of events</a></li> <li><a href="#">GP Pain Help app</a> This app provides information to help GPs manage cancer pain towards end of life. It includes: an opioid converter, a treatment decision tree, content hub, and FAQs.</li> </ul> <p>Educational videos for general practitioners:</p> <ul style="list-style-type: none"> <li><a href="#">Cancer Pain</a></li> <li><a href="#">Case Conferencing</a></li> <li><a href="#">Grief and Loss</a></li> <li><a href="#">Nausea and Vomiting</a></li> <li><a href="#">Paediatric Palliative Care</a></li> <li><a href="#">Principles of Palliative Care</a></li> <li><a href="#">Prognostication</a></li> <li><a href="#">Spirituality</a></li> </ul> |  | Various    |
|                        | <a href="#">End of Life Directions for Aged Care (ELDAC)</a>              | <p>ELDAC provides information, guidance, and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians.</p> <ul style="list-style-type: none"> <li><a href="#">Toolkits</a></li> <li><a href="#">Information and services</a> – includes 12 clinical tools which can assist in reliable assessment and support decision-making</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  | Self-paced |
|                        | <a href="#">End-of-Life Essentials</a>                                    | <p>Education modules designed to assist doctors, nurses and allied health professionals working in acute hospitals in delivering end of life care. They are free to use.</p> <p><u>Modules:</u></p> <ul style="list-style-type: none"> <li>Dying, a normal part of life</li> <li>Patient-centred communication and shared decision-making</li> <li>Recognising the end of life</li> <li>Planning end-of-life care – Goals of care</li> <li>Teams and continuity for the patient</li> <li>Responding to concerns</li> <li>Emergency Department end-of-life care</li> <li>Paediatric end-of-life care</li> <li>Chronic complex illness end-of-life care</li> <li>Imminent Death</li> </ul>                                                                                                                                                                                                                                                                                             |  | Self-paced |

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| Level 1-3              | <a href="#">End of Life Law for Clinicians</a>                                         | For clinicians and medical students about the law relating to end of life decision-making: <ul style="list-style-type: none"> <li>• <a href="#">Education modules</a></li> <li>• These modules are based on information available at <i>End of Life Law in Australia</i> (see below).</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |    | Self-paced          |
|                        | <a href="#">End of Life Law in Australia</a>                                           | <i>End of Life Law in Australia</i> provides accurate and practical information to assist you to navigate the challenging legal issues that can arise with the end of life decision-making. It is a broad introduction to end of life laws in each Australian State and Territory to help you know the law, and your rights and duties.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |    | Self-paced          |
|                        | <a href="#">My Health Record Online Training</a> ,<br>Australian Digital Health Agency | <a href="#">My Health Record Online Training</a> . This self-paced training introduces the key principles which underpin healthcare providers' use of the My Health Record system and demonstrates its features and functionalities. Following completion of an introductory module, there are specific modules available for healthcare providers across a range of healthcare settings, including General Practice, Community Pharmacy, Specialist Practice, Hospitals, Allied Health, and Residential Aged Care.                                                                                                                                                                                                                                                                                                                                                                                        |    | Self-paced          |
|                        | <a href="#">palliAGED</a>                                                              | <a href="#">palliAGEDgp</a> This smartphone app supports GPs who are caring for older palliative patients living at home or in residential care. The app makes use of a framework of care which starts with a GP considering if they would be surprised if this patient died in the next 6 to 12 months. The app provides information and resources to support each of these and includes prescribing support for common symptoms experienced in the terminal phase.<br><br><a href="#">palliAGEDnurse</a> An online evidence-based guidance and knowledge resource for palliative care in aged care. Under each topic heading you will find an evidence summary, a concise synopsis of findings of systematic reviews dealing with the topic in a palliative care/aged care context. Each evidence summary has a companion page with practical information found in the <a href="#">Practice Centre</a> . |    | Mobile applications |
|                        | <a href="#">Palliative Approach Toolkit</a>                                            | Resources designed to assist residential aged care providers to implement a comprehensive, evidence-based palliative approach to care for appropriate residents.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |   | Self-paced          |
|                        | <a href="#">Palliative Care Curriculum for Undergraduates (PCC4U)</a>                  | PCC4U aims to encourage the integration of palliative care training within all health undergraduates (nursing, medical and allied health) and relevant post-graduate curricula and further improve the skill and confidence of the generalist workforce to work with people with palliative care needs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  | Self-paced          |
|                        | <a href="#">Palliative Care Online Training</a>                                        | <a href="#">The Guidelines for a Palliative Approach to Aged Care in the Community (COMPAC)</a> .<br><br>This package of online training is comprised of two groups of modules:<br><br>Modules 1 – 4 are based on the COMPAC best practice guidelines known as 'The Guidelines for a Palliative Approach for Aged Care in the Community Setting'<br><br>Modules 5 – 6 are skills modules covering pain management and recognising deteriorating clients.                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  | Self-paced          |

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| Level 1-3              | <a href="#">Palliative Care Queensland (PCQ)</a>                        | PCQ is the peak organisation for palliative care in Queensland, representing the interests and aspirations of all who share the ideal of quality care at the end of life for all. PCQ hold <a href="#">education mornings</a> that are also available as webinars for specialists, palliative care providers, or any professional interested in palliative care.                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                | Various                          |
|                        | <a href="#">Program of Experience in the Palliative Approach (PEPA)</a> | The Program of Experience in the Palliative Approach (PEPA) aims to enhance the capacity of health professionals to deliver a palliative care approach through their participation in either clinical placements in specialist palliative care services or interactive workshops.<br><br><a href="#">Placements</a> PEPA provides free health placements in palliative care services for practicing health professionals (2-4 days duration).<br><a href="#">Online modules</a> These online modules have been designed for placement participants (GPs and Rural and remote medical practitioners and nurses and allied health professionals).<br><a href="#">Workshops</a> PEPA workshops incorporate activities which are consistent with the aims of PEPA, and integrate contemporary, evidence-based educational strategies. | <br><br> | 2-4 days<br><br>Self-paced       |
|                        | <a href="#">The Advance Project</a>                                     | Learning options for GPs, practice nurses and managers to develop knowledge of, and skills in using, screening tools to support palliative care and advance care planning in general practice.<br><br><u>Modules:</u> <ul style="list-style-type: none"> <li>• General Practitioners - <a href="#">The Advance Project GP module</a></li> <li>• Practice Managers - <a href="#">The Advance Project Practice Manager module</a></li> </ul> Nurses - <a href="#">The Advance Project General Practice Nurse module</a>                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                | Self-paced<br><br>Approx 3 hours |
|                        | <a href="#">The Palliative Care Bridge</a>                              | The Palliative Care Bridge is a palliative care education program coordinated and delivered by the HammondCare consortium, comprising HammondCare, Sacred Heart Health Service and Calvary Healthcare Sydney. The <a href="#">resources page</a> contains innovative educational videos by respected experts and specialists in their fields and other relevant resources.                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                              | Self-paced                       |

