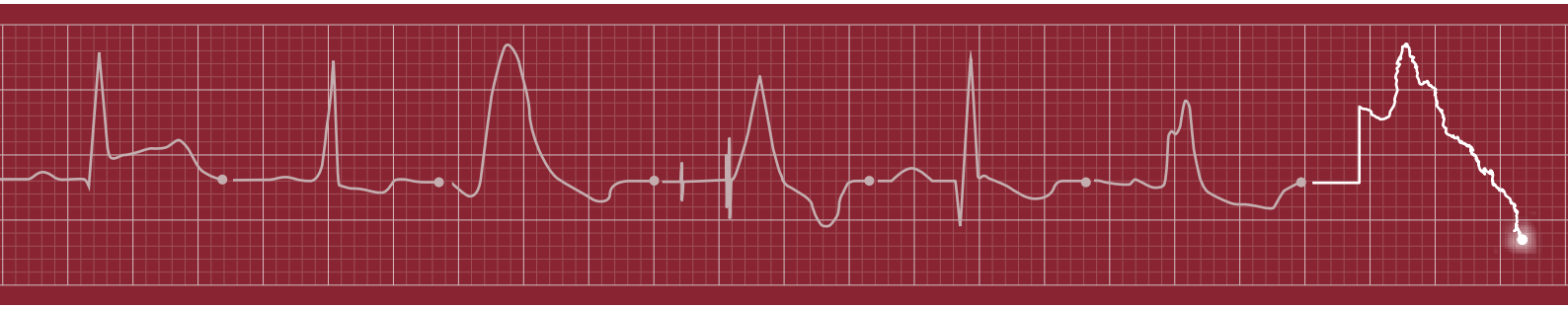
Statewide Cardiac Clinical Network

Queensland Cardiac Outcomes Registry

2020 Annual Report

Electrophysiology and Pacing Audit



Queensland Cardiac Outcomes Registry 2020 Annual Report

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1 Foreword

Dr John Wakefield PSM
Director-General
Queensland Health

I am pleased to present the Queensland Cardiac Outcomes Registry (QCOR) 2020 Annual Report. The Annual Report provides a detailed audit of six clinical services spanning cardiac and thoracic interventions and surgeries to outpatient services for patients dealing with this complex chronic disease.

The Report also analyses the effect of the COVID-19 pandemic on cardiac services. Whilst there have been many challenges, it is evident that the resilient nature of cardiac clinicians has shone through with service volumes continuing to experience growth or modest variation in case numbers. The report also begins to examine the positive impact of the implementation of the Networked Cardiac Care model for coordination and outreach services in regional and remote Queensland. We can now measure and monitor the effect and outcome of investment into preventative and specialist medical care provided close to home.

Queensland Health is committed to empowering our people to provide the best possible healthcare, to be transparent in our work and importantly use information to inform and improve the health outcomes of our patients. It is pleasing to see this Report evolve and adapt to the needs of its stakeholders year-on-year.

Clinical engagement has continued to extend beyond clinical practice, where procurement activities for clinical consumable items has resulted in significant cost savings. The utilisation of QCOR data has been at the crux of these initiatives, empowering clinicians and administrators to confidently negotiate better value for money for high-cost, high-volume prostheses.

QCOR data has allowed health services to be responsive to the needs of patients and community. It is actively used to inform how we improve the access, equity, safety, efficiency, and effectiveness of cardiac healthcare.

I would like to acknowledge the ongoing effort of the Statewide Cardiac Clinical Network and the ongoing commitment and dedication of our hard-working clinicians and teams across Queensland who have collaborated to produce this Annual Report.

2 Message from the SCCN Chair

This sixth QCOR Annual Report once again underpins the importance of data in ensuring quality outcomes in healthcare. The COVID-19 pandemic has also underscored how reliant we are on data to inform decision making and to monitor service delivery. To date, Queensland public health services have been spared in comparison to interstate and international services. Nonetheless, clinicians have collaborated to prepare for a staged, whole-system approach, should it be required, to ensure consistency of service delivery. QCOR data has supported these processes.

QCOR has continued to expand its breadth including a new module to support cardiac outreach services. Outreach services are an integral part of delivering quality care to patients for whom cardiac care is less accessible, due to their remoteness from traditional facility-based services. These models of care were embraced throughout the 2020 COVID-19 pandemic due to travel restrictions and lockdowns necessitating services to adapt to maintain high levels of clinical care. QCOR's analysis of this program highlights the investment and efforts of clinicians to ensure the best possible care is provided regardless of distance and location.

This year we welcome the contribution of quality data and outcomes from the Queensland Paediatric Cardiac Service. Initially focusing on paediatric cardiac surgery this small, highly specialised community perform high risk, low volume procedures requiring expert levels of evaluation and contextualisation. The database will provide a unique platform for population-based studies. It will also lay the foundation for long-term outcome studies in a local population.

It is again reassuring to see Queensland cardiac services performing strongly against, often-aspirational, targets, even in the face of an uncertain healthcare landscape. An unwavering commitment to clinical quality has seen the registry continue to evolve including the review and adjustment of clinical indicators across all areas of interest.

QCOR data has continued to underpin clinician-led, bulk purchase arrangements and subsequent savings for the purchase of cardiac prostheses. This data has informed the process and outcomes of the initiative resulting in over $3.8 million per annum savings across coronary stents and balloons, cardiac pacemakers, defibrillators and implantable loop recorders. The program has demonstrated the value of QCOR and its ability to not only support improved clinical outcomes but deliver significant efficiencies to the organisation that enable cost savings and reinvestment into front line services and new technologies. This program provides a template for other areas of the public health system to emulate.

The many dedicated staff involved in cardiac services throughout all of Queensland should be applauded, not only for their commitment to delivering quality clinical outcomes but for their willingness to collaborate, continually review, adapt and improve.

Dr Rohan Poulter and Dr Peter Stewart
Co-chairs, Statewide Cardiac Clinical Network

3 Introduction

The Queensland Cardiac Outcomes Registry (QCOR) is an ever-evolving clinical registry and quality program established by the Statewide Cardiac Clinical Network (SCCN) in partnership with statewide cardiac clinicians and made possible through the funding and support of Clinical Excellence Queensland. QCOR provides access to quality, contextualised clinical and procedural data to inform and improve patient care and support quality improvement activities across cardiac and cardiothoracic surgical services in Queensland.

QCOR is a clinician-led program, and the strength of the Registry would not be possible without this input. The Registry is governed by clinical committees providing direction and oversight over Registry activities for each cardiac and cardiothoracic specialty area, with each committee reporting to the SCCN and overarching QCOR Advisory Committee. Through the QCOR committees, clinicians are continually developing and shaping the scope of the Registry based on contemporary best practices and the unique requirements of each clinical domain.

Registry data collections and application are maintained and administered by the Statewide Cardiac Clinical Informatics Unit (SCCIU), which forms the business unit of QCOR. The SCCIU performs data quality, audit and analysis functions, and coordinates individual QCOR committees, whilst also providing expert technical and informatics resources and subject matter expertise to support continuous improvement and development of specialist Registry application modules and reporting.

The SCCIU team consists of:

Mr Graham Browne, Database Administrator	Mr William Vollbon, Manager*
Mr Marcus Prior, Informatics Analyst	Mr Michael Mallouhi, Clinical Analyst
Dr Ian Smith, PhD, Biostatistician	Mr Karl Wortmann, Application Developer

* Principal contact officer/QCOR program lead

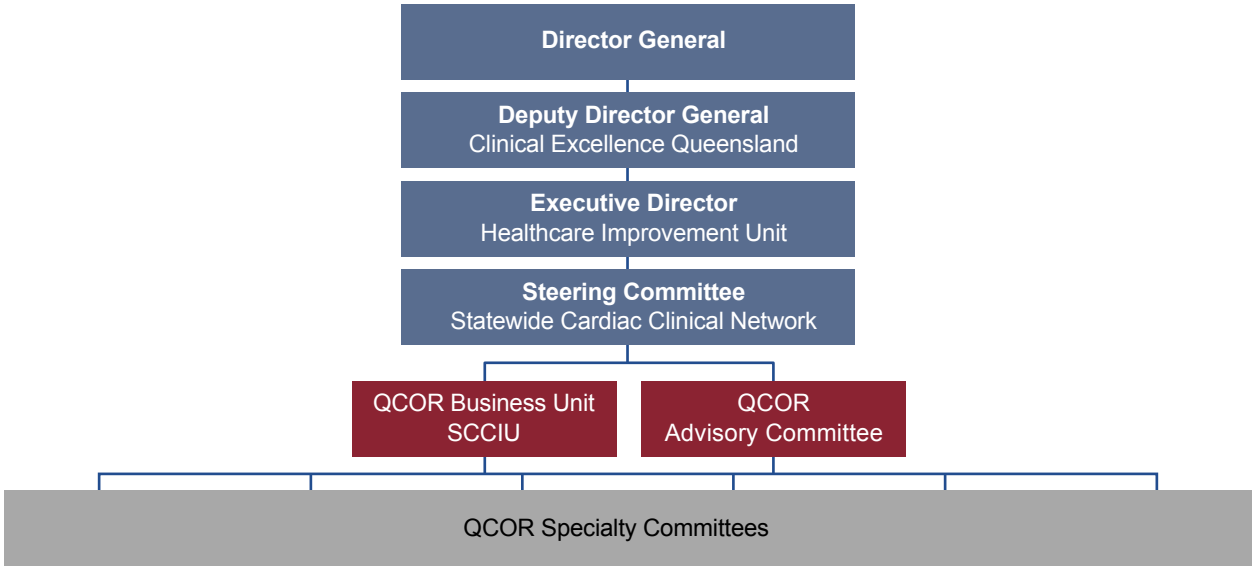
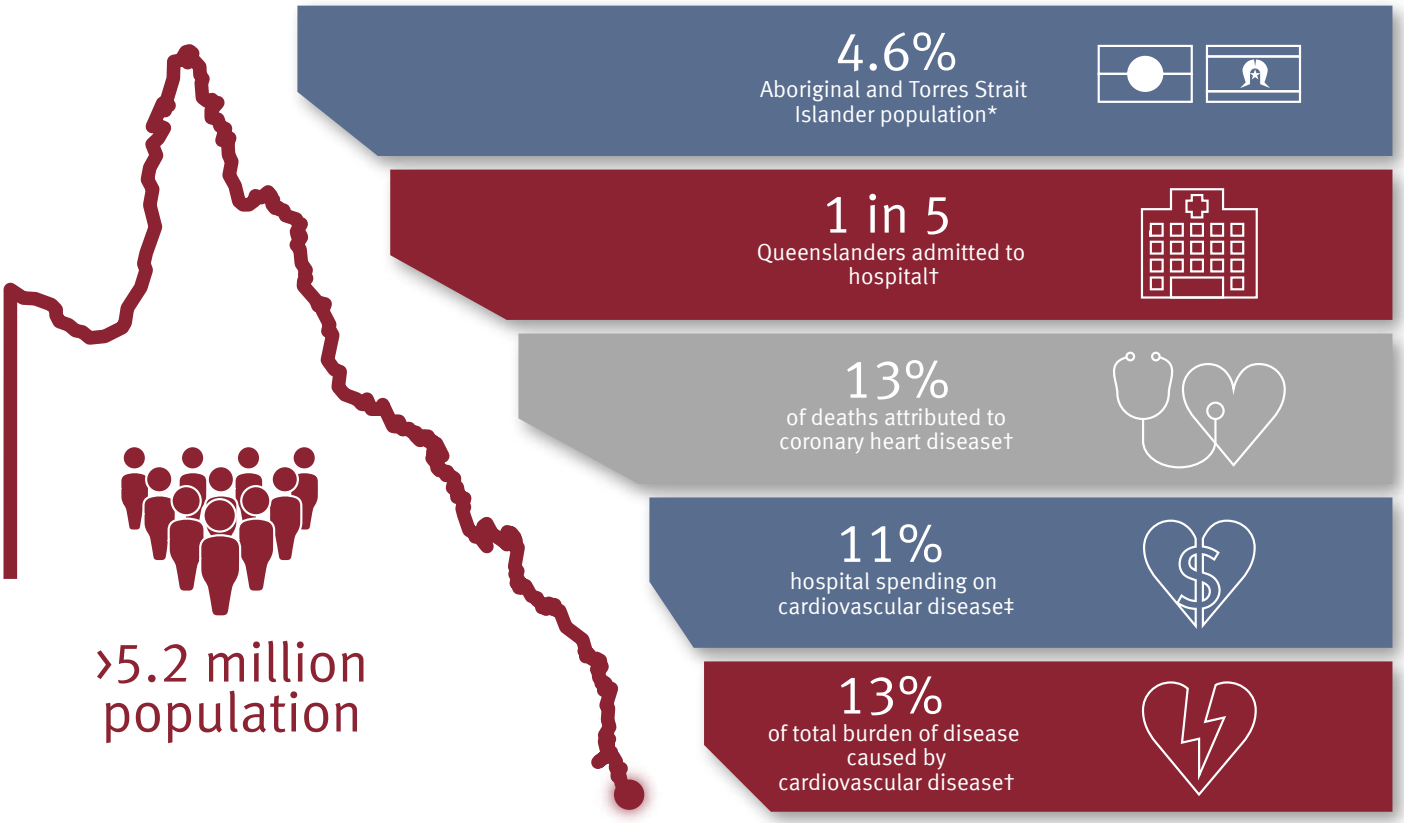


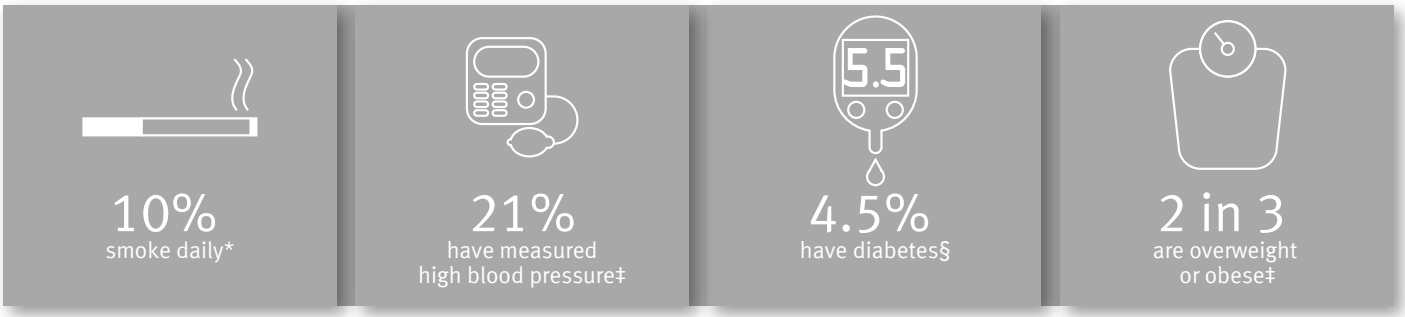
Figure 1: Governance structure

Queensland Cardiac Outcomes Registry

The Health of Queenslanders



Comorbidities



Mortality

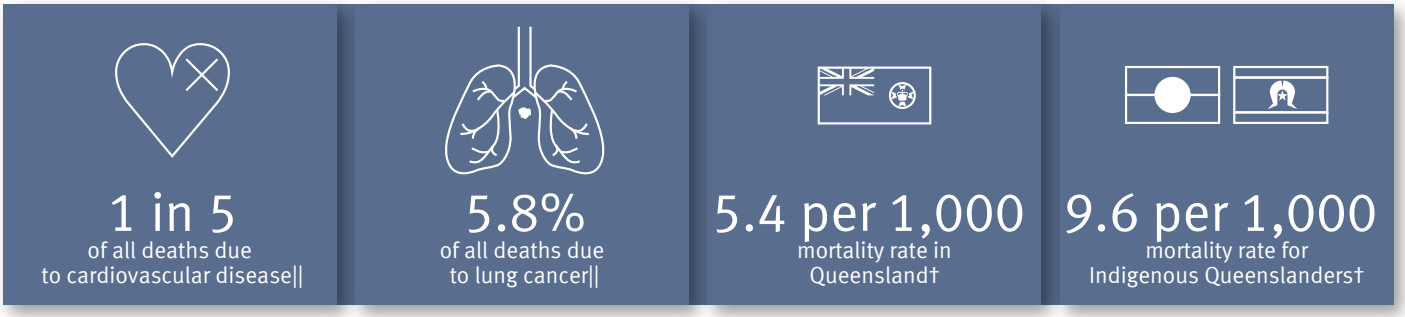


Figure 2: QCOR 2020 infographic

* Australian Bureau of Statistics. (2018). *Estimates of Aboriginal and Torres Strait Islander Australians*, June 2016. Cat. no 3238.055001. ABS: Canberra

† Queensland Health. (2020). The health of Queenslanders 2020. *Report of the Chief Health Officer Queensland*. Queensland Government: Brisbane

‡ Australian Bureau of Statistics. (2019). *National health survey: first results, 2017-18*. Cat. no. 4364.0.55.001. ABS: Canberra.

§ Diabetes Australia. (2018). *State statistical snapshot: Queensland*. As at 30 June 2018

|| Australian Institute of Health and Welfare (2021). MORT (Mortality Over Regions and Time) books: State and territory, 2015–2019. https://www.aihw.gov.au/getmedia/8967a11e-905f-45c6-848b-6a7dd4ba89cb/MORT_STE_2015_2019.xlsx.aspx

2020 Activity at a Glance

What's New?

- Paediatric cardiac surgery spotlight
- COVID-19 impact analysis
- STEMI <6 hours in and out of hours audit
- Expanded cardiac outreach reporting
- Expanded pre-hospital notification for PCI analysis
- Cardiac rehabilitation declined referral analysis

Interventional Cardiology

4,966
percutaneous coronary interventions

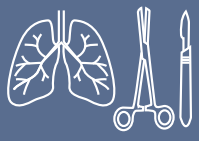
468
structural heart disease interventions

249
transcatheter aortic valve replacements

15,491
total coronary procedures

Cardiothoracic Surgery

2,651
adult cardiac surgeries



1,093
adult thoracic surgeries

Electrophysiology & Pacing

5,201
electrophysiology and pacing procedures

3,551
cardiac implantable electronic device procedures

Heart Failure Support Services

5,664
heart failure support services referrals

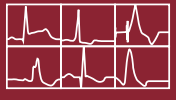
Cardiac Rehabilitation

11,177
cardiac rehabilitation referrals

Rheumatic Heart Disease

483
unknown rheumatic heart disease patients identified

Clinical Indicator Progress



81 mins
median first diagnostic ECG to reperfusion time for primary PCI

0.2%
procedural tamponade rate for cardiac device and electrophysiology procedures

92%
of patients referred to a heart failure support service on an ACEI, ARB or ARNI at discharge

93%
of cardiac rehabilitation referrals within 3 days of discharge

1.4%
mortality rate for coronary artery bypass surgery at 30 days

QCOR Yearly Trends

Interventional Cardiology

15,491
coronary cases in 2020
– up from 15,293 in 2018

4,966
PCI cases in 2020
– up from 4,867 in 2018

5 minute
improvement in median time to reperfusion for STEMI PCI
– 2017 to 2020

11%
increase in primary PCI cases meeting 90 minute target for timely reperfusion
– 2017 to 2020

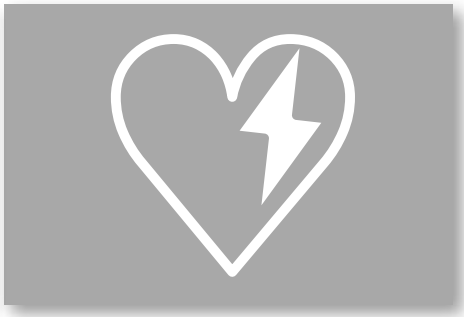
Cardiothoracic Surgery

12%
increase in cardiac surgery cases
– 2017 to 2020

29%
increase in thoracic surgery cases
– 2017 to 2020

Electrophysiology & Pacing

16%
increase in cases
– up from 4,474 in 2018



67%
increase in complex EP cases
– 2018 to 2020

Outpatient Support Services

›34,000
cardiac rehabilitation referrals
– 2018 to 2020

25%
increase in HFSS referrals
– 2017 to 2020

4 Acknowledgements

This collaborative report was produced by the SCCIU, audit lead for QCOR for and on behalf of the Statewide Cardiac Clinical Network. This would not be possible without the tireless work of clinicians in contributing quality data and providing quality patient care, while the contributions of QCOR committee members and others who had provided writing or other assistance with this year's Annual Report is also gratefully acknowledged.

QCOR Interventional Cardiology Committee

- Dr Sugeet Baveja, Townsville University Hospital
- Dr Niranjan Gaikwad, The Prince Charles Hospital
- Dr Paul Garrahy, Princess Alexandra Hospital
- Dr Christopher Hammett, Royal Brisbane & Women's Hospital
- Dr Rohan Poulter, Sunshine Coast University Hospital
- A/Prof Atifur Rahman, Gold Coast University Hospital
- Dr Shantisagar Vaidya, Mackay Base Hospital
- Dr Gregory Starmer, Cairns Hospital (Chair)

QCOR Cardiothoracic Surgery Committee

- Dr Anil Prabhu, The Prince Charles Hospital
- Dr Pallav Shah, Townsville University Hospital
- Dr Andrie Stroebel, Gold Coast University Hospital
- Dr Morgan Windsor, Metro North Hospital and Health Service
- Dr Christopher Cole, Princess Alexandra Hospital (Chair)

QCOR Cardiac Rehabilitation Committee

- Ms Michelle Aust, Sunshine Coast University Hospital
- Ms Maura Barnden, Metro North Hospital and Health Service
- Ms Jacqueline Cairns, Cairns Hospital
- Ms Yvonne Martin, Chronic Disease Brisbane South
- Dr Johanne Neill, Ipswich Hospital
- Ms Samara Phillips, Statewide Cardiac Rehabilitation Coordinator
- Ms Madonna Prenzler, West Moreton Hospital and Health Service
- Ms Deborah Snow, Gold Coast Hospital and Health Service
- Ms Natalie Thomas, South West Hospital and Health Service
- Mr Gary Bennett, Health Contact Centre (Chair)

Statewide Cardiac Clinical Informatics Unit

- Mr Michael Mallouhi
- Mr Marcus Prior
- Dr Ian Smith, PhD
- Mr William Vollbon

QCOR Electrophysiology and Pacing Committee

- Mr John Betts, The Prince Charles Hospital
- Mr Anthony Brown, Sunshine Coast University Hospital
- Mr Andrew Claughton, Princess Alexandra Hospital
- Dr Naresh Dayananda, Sunshine Coast University Hospital
- Dr Russell Denman, The Prince Charles Hospital
- Mr Braden Dinham, Gold Coast University Hospital
- Ms Sanja Doneva, Princess Alexandra Hospital
- Mr Nathan Engstrom, Townsville University Hospital
- A/Prof John Hill, Princess Alexandra Hospital
- Dr Bobby John, Townsville University Hospital
- Dr Paul Martin, Royal Brisbane & Women's Hospital
- Ms Sonya Naumann, Royal Brisbane & Women's Hospital
- Dr Kevin Ng, Cairns Hospital
- Dr Robert Park, Gold Coast University Hospital

QCOR Heart Failure Support Services Committee

- Mr Ben Shea, Ipswich Hospital
- Ms Angie Sutcliffe, Cairns Hospital
- Ms Tina Ha, Princess Alexandra Hospital
- Ms Helen Hannan, Rockhampton Hospital
- Ms Annabel Hickey, Statewide Heart Failure Services Coordinator
- Dr Rita Hwang, PhD, Princess Alexandra Hospital
- Dr Kevin Ng, Cairns Hospital
- Ms Robyn Peters, Princess Alexandra Hospital
- Ms Serena Rofail, Royal Brisbane & Women's Hospital
- Dr Yee Weng Wong, The Prince Charles Hospital
- A/Prof John Atherton, Royal Brisbane & Women's Hospital (Chair)

Queensland Ambulance Service

- Dr Tan Doan, PhD
- Mr Brett Rogers

5 Executive summary

This report comprises an account for cases performed in the eight cardiac catheterisation laboratories (CCL), nine electrophysiology and pacing (EP) facilities, along with five cardiothoracic surgery units operating across Queensland public hospitals in 2020. All referrals to heart failure support (HFSS) and cardiac rehabilitation (CR) services have also been included in this Annual Report.

- 15,491 diagnostic or interventional cases were performed across the eight public CCL facilities in Queensland hospitals. Percutaneous coronary intervention (PCI) was performed in 4,966 of these cases.
- Patient outcomes following PCI remain encouraging. The 30 day mortality rate following PCI was 1.5%, and of the 75 deaths observed, over two thirds (69%) were classed as either salvage or emergency PCI.
- When analysing the ST segment elevation myocardial infarction (STEMI) patient cohort, the median time from first diagnostic electrocardiograph (ECG) to reperfusion was 81 minutes, while the median time from arrival at PCI facility to reperfusion was measured at 40 minutes.
- For STEMI presenting within six hours of symptom onset the median time from arrival to PCI facility to reperfusion was 32 minutes for cases performed in working hours (8am to 6pm, Monday to Friday), while cases occurring out of hours had a median time of 44 minutes.
- STEMI cases presenting within six hours of symptom onset with no pre-hospital notification had a longer median time from arrival PCI facility to reperfusion compared to cases where the cardiologist was notified pre-hospital (81 minutes vs. 32 minutes).
- There were 468 structural heart interventions performed across participating CCL facilities, including 313 transcatheter valve procedures, and 249 transcatheter aortic valve replacement procedures. The all-cause 30 day mortality rate for all SHD interventions was 1.1%, ranging from 0.0% to 1.8% across participating centres.
- Across the four sites with a cardiac surgery unit, a total of 2,651 cases were performed including 1,581 cases involving coronary artery bypass grafting and 1,142 valve procedures.
- The observed rates for cardiac surgery mortality and morbidity are either within the expected range or better than expected depending on the risk model used to evaluate these outcomes. This is consistent with the results of previous Audits.
- Across the period of 2016 to 2020, 1,372 children underwent cardiac surgery, including 279 children in 2020.
- There were 1,505 paediatric cardiac surgical procedures performed across 2016–2020, either with or without cardiopulmonary bypass (1,147 and 358 procedures respectively).
- Thirty day mortality after paediatric cardiac surgery was observed at 0.9% between 2016–2020.
- A total of 1,093 thoracic surgery (TS) cases were performed across the five public hospitals providing thoracic surgery services in 2020. Almost a quarter (24%) of surgeries followed a surgical indication of primary lung cancer, whereas pleural disease accounted for nearly a third of all cases (29%).
- The unadjusted all-cause 30 day mortality rate following TS was 0.7%, increasing to 1.9% at 90 days post surgery.
- At the nine public EP sites, a total of 5,201 cases were performed, which included 3,551 cardiac device procedures and 1,286 cardiac electrophysiology procedures.
- The EP clinical indicator audit identified a median wait time of 104 days for complex ablation procedures, and 36 days for elective implantable cardioverter defibrillator (ICD) implants. Meanwhile the median wait time for a standard ablation procedure was 99 days.
- There was a total of 11,177 referrals to public CR services in 2020. Three quarters of referrals followed an admission at a public hospital in Queensland.
- Nearly two thirds (64%) of CR referrals proceeded to pre assessment by a CR service. The most common reason this did not take place was that the patient declined or was not interested.
- The vast majority (93%) of referrals to CR were created within three days of the patient being discharged from hospital, while over half of patients went on to complete an initial assessment by CR within 28 days of discharge (58%). This result is consistent with performance data for 2019.
- There were 5,664 new referrals to a HFSS in 2020, a seven percent increase over the previous year.
- Upon discharge from hospital, the prescription of an ACEI, ARB or ARNI, beta blocker, and MRA for heart failure with reduced ejection fraction (HFrEF) patients was measured at 92%, 92% and 46% respectively.
- At the time of beta blocker titration review, 77% of HFrEF patients had achieved the guideline target or maximum tolerated beta blocker dosage.

6 Spotlight: Cardiac Outreach

The first stages of the Networked Cardiac Services (NCS) program has enabled significant and tangible system reform as well as improved healthcare for patients. From 2019 to present, cardiology services and their partners across the state have begun to adopt this integrated model of care, underpinned by strong regional capability and accountability.

In 2017/18, the Statewide Cardiac Clinical Network commissioned an investigative Report on the state of cardiac care and outreach services provided by Queensland Health. This led to the development of the Implementation Framework for Networked Cardiac Care and Outreach Services in Queensland (2018), written in partnership with the Aboriginal and Torres Strait Islander Division (then, Branch). In 2019, the Ministerial Rapid Results Program nominated to support, progressively fund, and implement the Framework (Networked Cardiac Services) across the state (Figure 1).

The initial investigative Report identified several key opportunities for improvement:

- Significant variations in health care and outcomes across Queensland. People living in rural and remote locations and Aboriginal and Torres Strait Islander people are admitted to hospital for cardiac-related conditions two to three times more than the broader population.
- Inequitable access to health care due to Queensland's vast geographical size and dispersed population.
- Lack of integration and continuity between and within health care sectors.
- Poor access to and/or use of technology.
- Limited or no data about or evaluation of existing services.
- Unreliable funding and disparate resource allocation.
- Historical models of care persist, whereby patients and clinicians travel past the closest health care facility, creating inefficiency, inequitable resource allocation, untapped potential, uncoordinated and potentially unsafe care.
- Successful, existing improvement initiatives in the field are not leveraged or spread to other jurisdictions.

In response, an implementation framework recommended the following improvements:

Improve access, equity, quality & safety, and efficiency

- **Care close to home, delivered by consistent, regional teams**

  It was identified that the eight cardiac tertiary hospital services spread along the east coast of Queensland and their adjacent healthcare services should be enabled and accountable for providing quality, cardiac care for their own communities – 'networked' or 'hub' and 'spoke' model of care.

  Restructure cardiac services to reflect natural patient flow and harness full potential of services i.e., eight cardiac specialist 'hubs' and adjacent 'spokes'.

  Build capability and capacity of regional teams to provide care for their own communities.

- **Coordination and integration**

  High-value, patient care-coordination model and shared care across health sectors (public and private, primary health, and Aboriginal and Torres Strait Islander health services).

- **Evidence, evaluation, and improvement**

  Evidence-based care informed by data.

- **Technology**

  Regional teams provided with and enabled to use technology to support healthcare.

- **Sustainable funding and resources**

  Funding model that resolves initial inequity and ongoing sustainability, including activity and value-based approaches.

- **Governance and accountability**

  Regions lead and are responsible for clinical and service outcomes via stakeholder engagement, formal governance arrangements and access to information.

- **Harness existing investments and programs**

  For exponential benefits and efficiency.

Since 2019, eight Hospital and Health Services (HHSs) have progressively implemented the roll-out of NCS. All remaining HHSs have participated in planning for and endorsed implementation of NCS, given financial support from the Queensland Department of Health (Table 1). Business Cases have been approved by the Rapid Results Cardiac Steering Committee. Funding for the remaining stages is yet to be identified.

Implementing quality improvements and sustainable change takes time and, therefore, full outcomes from the program are not anticipated to be seen until at least 12 months postimplementation.

Through 2018–2019, the SCCIU and Rapid Results Program collaborated with staff and subject matter experts across the various Queensland Health cardiac outreach units to develop a new QCOR module specifically oriented towards this work. The new QCOR Outreach Module establishes a foundation for cardiac outreach care coordination across the health system, and a reporting platform which allows an unprecedented amount of information to be available for an area otherwise characterised by relative paucity of data.

The QCOR Outreach Module provides Queensland Health practitioners with:

- Patient-centric clinical case management – tailored towards the outreach setting,
- Improved follow up and activity-based reporting for outreach patients and services,
- Reporting of outreach-specialty clinical indicators and other key performance measures, and
- Potential for future integration with other Queensland Health and QCOR systems.

The new QCOR Outreach Module was deployed from 2019 as part of a staggered rollout, with the Far North Queensland Outreach Unit as the first site commencing in November 2019. Further units have been added to the system over the following year as either new outreach programs are established or existing services transition to the system.

Table 1: QCOR cardiac outreach module – participating outreach units

Cardiac outreach unit	Hub facility	Commenced date
Far North Queensland Cardiac Outreach	Cairns Hospital	November 2019
Townsville and North West Queensland Cardiac Outreach	Townsville University Hospital	January 2020
Princess Alexandra Hospital Cardiac Outreach	Princess Alexandra Hospital	July 2020
Toowoomba Hospital Cardiac Outreach	Toowoomba Hospital	August 2020
Ipswich Hospital Cardiac Outreach	Ipswich Hospital	November 2020

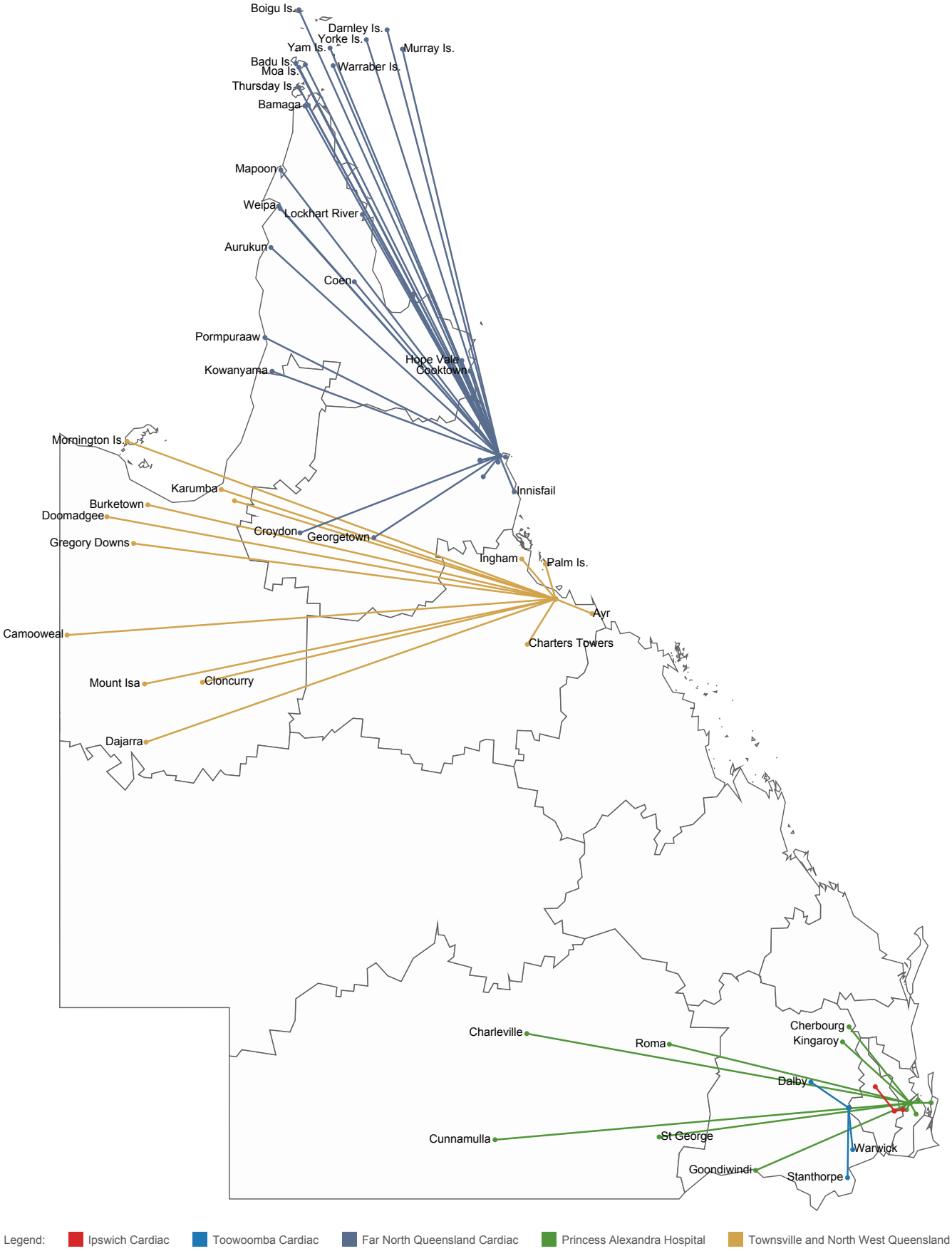


Figure 1: Cardiac outreach hub and spoke locations

Cardiac outreach units each have a responsibility to provide services to a differing number of spoke sites. Each spoke site has its own requirements and workflow which requires units to be agile and able to adapt to many different clinic environments. Spoke sites numbers may change over time with new services being identified based on need and the capacity for the hub units to provide services.

Table 2: Networked cardiac outreach – total spoke sites by outreach unit

Cardiac outreach unit	All spokes n
Far North Queensland Cardiac Outreach	33
Townsville and North West Queensland Cardiac Outreach	14
Princess Alexandra Hospital Cardiac Outreach	13
Toowoomba Hospital Cardiac Outreach	3
Ipswich Hospital Cardiac Outreach	2
Total	**65**

Over the course of 2020, there were 266 clinics operated through the NCS model. Not all units were operating at full capacity for the entire duration of the year which is reflected in Table 3 below. Some units took on clinic sites that were previously operated by other services whilst some units continued their previous work which were services offered for many years but transitioned to the NCS model.

Table 3: Networked cardiac outreach – participating outreach unit total clinics

Cardiac outreach unit	All clinics* n
Far North Queensland Cardiac Outreach	96
Townsville and North West Queensland Cardiac Outreach	84
Princess Alexandra Hospital Cardiac Outreach	67
Toowoomba Hospital Cardiac Outreach	9
Ipswich Hospital Cardiac Outreach	10
Total	**266**

* Note varying start dates of some services

There have been 3,396 total consults delivered as part of the NCS program. Larger and more established hub sites comprise of the greatest numbers which is also reflective of the higher number of clinics performed and number of spoke sites the unit is responsible for.

Table 4: Networked cardiac outreach total consults performed and total distinct patients per hub site

Cardiac outreach unit	All consults n	All patients n
Far North Queensland Cardiac Outreach	1,341	1,112
Townsville and North West Queensland Cardiac Outreach	901	775
Princess Alexandra Hospital Cardiac Outreach	1,053	899
Toowoomba Hospital Cardiac Outreach	69	62
Ipswich Hospital Cardiac Outreach	32	31
Total	**3,396**	**2,879**

There were 2,879 patients enrolled in the NCS outreach service since its inception. Of these patients 1,601 (59%) were male. The largest subgroup of this cohort were males aged between 60 years and 69 years and males aged between 70 years and 79 years. The largest proportion of females was in the cohort aged between 60 years and 69 years of age.

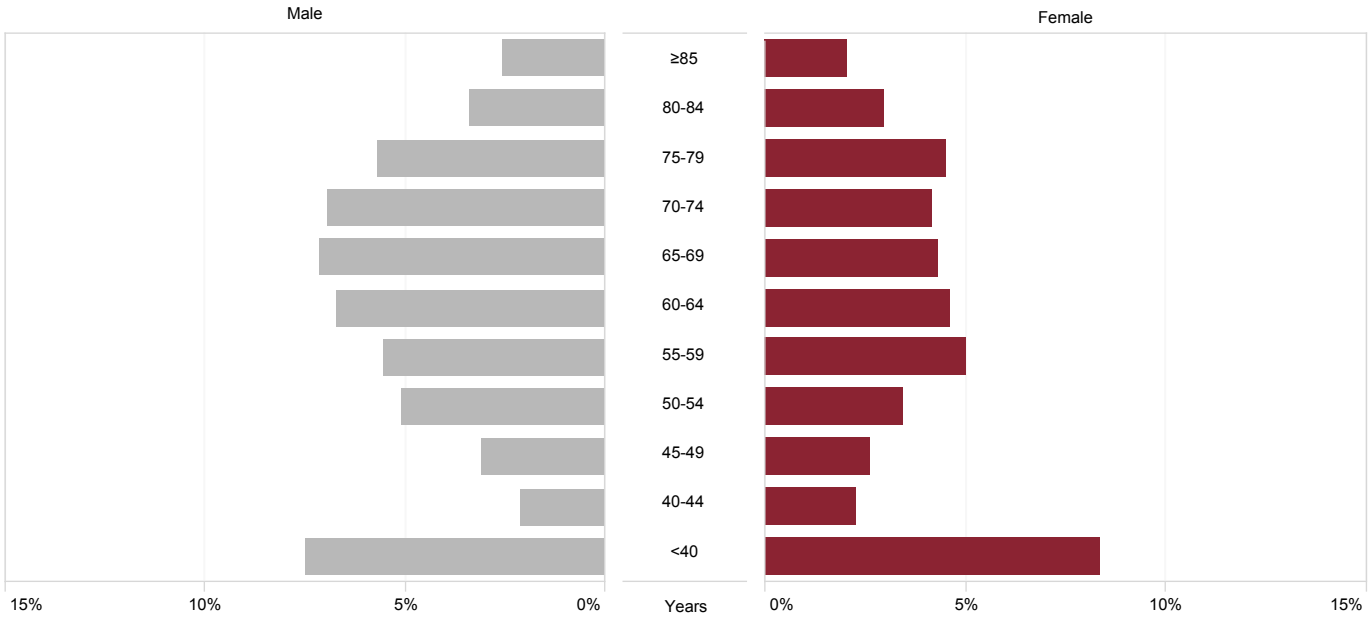


Figure 2: Proportion of outreach consults by age and gender

Table 5: Networked cardiac outreach number of patients by age group and gender at all sites

Gender	Age group	All patients n (%)
Male	<40	227 (7.9)
	40–49	154 (5.3)
	50–59	305 (10.6)
	60–69	393 (13.7)
	70–79	355 (12.3)
	80–89	156 (5.4)
	≥90	14 (0.5)
Female	<40	249 (8.6)
	40–49	149 (5.2)
	50–59	248 (8.6)
	60–69	257 (8.9)
	70–79	236 (8.2)
	80–89	130 (4.5)
	≥90	13 (0.5)
Total		**2,879 (100.0)**

Of the overall cohort enrolled in NCS outreach programs, 2,879 distinct patients were seen by teams. Aboriginal and Torres Strait Islander patients accounted for 39% of the group. This is considerably higher than the resident proportion of Aboriginal and Torres Strait Islander population of Queensland of 4.6%.

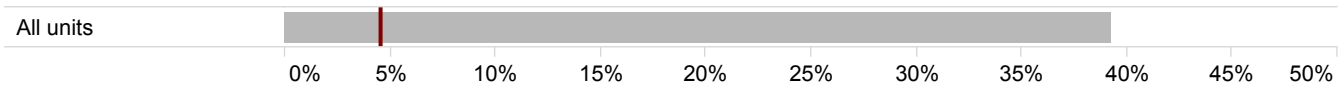


Figure 3: Proportion of Aboriginal and Torres Strait Islander patients seen in cardiac outreach

Patients who reside in the Torres and Cape HHS account for the largest proportion (20%) of patients seen. This is followed closely by the Cairns and Hinterland HHS (19%) and Darling Downs HHS (15%). A small proportion of patients resided interstate at the time of their encounter (1.3%). It should be noted that some patients may temporarily reside in one HHS but their permanent address is elsewhere but for the purpose of this analysis, permanent address is presented.

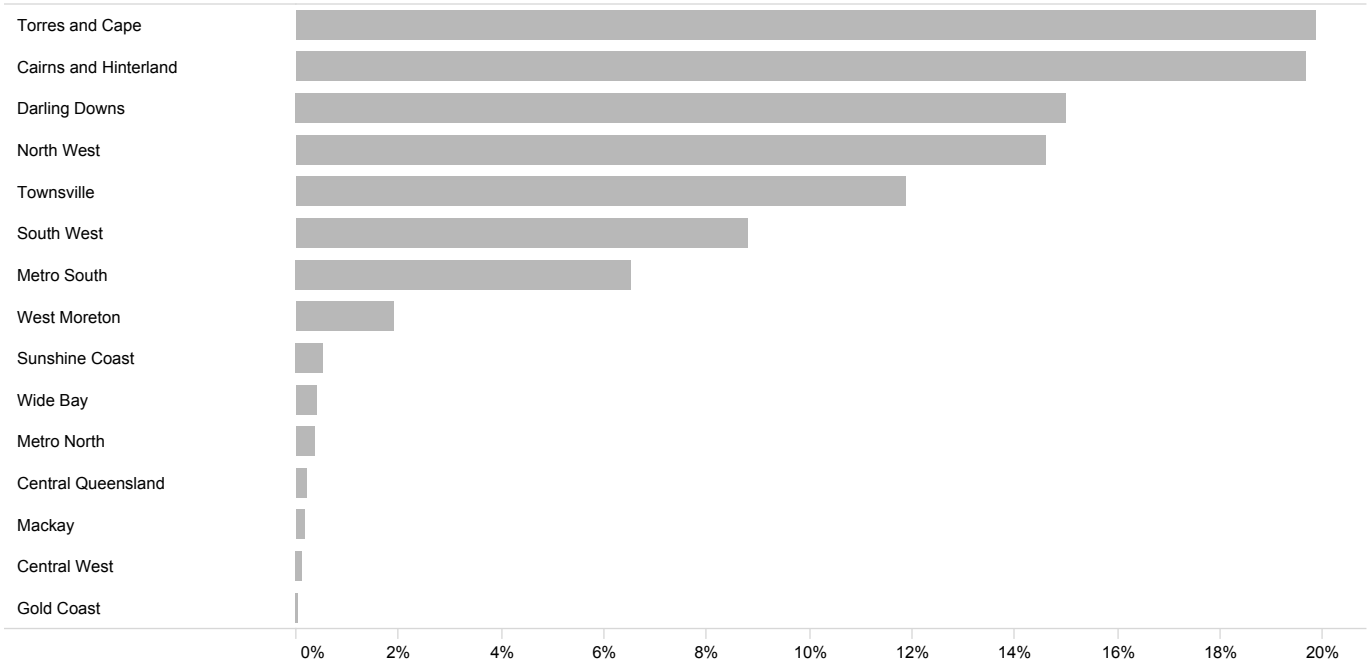


Figure 4: Proportion of patients by HHS of residence since commencement

Of the 3,396 total consults delivered as part of the NCS program, just under half of these consults were new encounters (45%), which represents a large volume of clinical work and focus to establish patient rapport, assess often complex medical history, and formulate a plan of treatment and management. It would be anticipated that over time, the proportion of new to review patients will shift, reflective of the fact that cardiac conditions are mostly a chronic disease.

Table 6: Number and proportion of new and review cardiac outreach consults

Consult type	n (%)
New	1,527 (45.0)
Review	1,869 (55.0)
ALL	**3,396 (100.0)**

Integrated outreach services are flexible and look to add value where opportunity presents. Opportunistic specialist review of inpatients while treating teams are in regional facilities allows for expert clinical treatment and efficient facilitation of treatment and escalation for transfer where appropriate (in person, non-clinic). NCS teams are also instrumental in the organisation and provision of telehealth consultations which are performed both in clinic and in other non-clinic locations such as GP practices and other healthcare facilities (telehealth, non-clinic). Due to the COVID-19 pandemic, larger than anticipated numbers of telehealth consultations were performed (29%).

Table 7: Number and proportion of in person and telehealth consults by clinic mode

Delivery mode	Clinic n (%)	Non-clinic n (%)	All n (%)
In person	2,350 (97.2)	67 (2.8)	2,417 (71.2)
Telehealth	551 (56.3)	428 (43.7)	979 (28.8)
Total	**2,901 (85.4)**	**495 (14.6)**	**3,396 (100.0)**

The majority of patients seen in outreach resided less than 50 kilometres from their consult location (80%), demonstrating that outreach services are meeting their objective to provide care closer to home. A smaller proportion of patients (8%) still needed to travel more than 150 kilometres to access specialist care, which highlights the barriers to care and travel distances faced by Queenslanders living in regional and remote locations.

Table 8: Number and proportions of patients by driving distance to consult

Driving distance – home to consult	n (%)
≤50 km	2,707 (79.7)
50 km–100 km	322 (9.5)
100 km–150 km	57 (1.7)
›150 km	276 (8.1)
Incomplete data	34 (1.0)
ALL	**3,396 (100.0)**

Outreach services offered large travel distance savings as a result of patients attending clinics at spoke sites instead of travelling to the hub site. These values are determined by calculating the difference in driving distance between the patient's place of residence to the hub site and the patient's place of residence to the spoke site. The largest travel distance savings were observed in the cohort residing furthest from the outreach unit hub.

Table 9: Median distance of patient address to hub sites

Distance category	Median distance km
›50 km–100 km	80
100 km–150 km	112
›150 km	474

The ability to perform cardiac investigations on site at the time the patient is in attendance at the outreach clinic further demonstrates savings in travel, increases treatment efficiency due to immediate availability of information and decreases complexity of investigations for patients who often have significant barriers to care. The most frequently performed investigation during outreach was 12 lead electrocardiography (ECG) followed by transthoracic echocardiography.

Table 10: Number of investigations performed in outreach clinics

Investigation	n
12 lead ECG	1,662
Transthoracic echocardiography	995
Cardiac implantable electronic device interrogation	29
Exercise stress test	19
24 hour Holter ECG monitor	3
Other	34
ALL	**2,742**

7 Spotlight: ECG Flash

ECG Flash is a Statewide Cardiac Clinical Network initiative that allows rural and remote clinicians 24/7 access to urgent specialist cardiology advice. When a patient presents at emergency or within a healthcare facility and an ECG is taken, the system lets clinicians send time-critical and difficult to interpret ECGs straight to an on call cardiologist for rapid analysis. The on call cardiologist receives a digital copy of the ECG to review and will call the treating clinician back to provide treatment advice. ECG Flash has been implemented to use as a hub and spoke model of care where larger facilities with specialist staff cardiologists act as the hub to smaller regional and remote centres (spoke sites).

Spoke sites use a digitally enabled ECG cart that automatically transmits all ECGs taken to an enterprise clinical data storage application. This digital storage solution for ECGs is available at each site and from there, clinicians can selectively transmit time-critical, difficult to interpret, urgent or technically challenging ECGs directly to the on call cardiologist at their referring tertiary hospital (hub site). They are also able to access ECGs taken at other participating hospitals within their HHS, allowing them to have access to patients' ECGs across multiple facilities.

In 2020, 55 rural sites were utilising the ECG Flash solution, with 229 time-sensitive ECGs escalated through to six receiving cardiology departments for clinical interpretation. These were often in the context of patients presenting in a critically unwell state. Further use of ECG Flash data to complement existing QCOR data collections will be a focus for future work.

Table 1: ECG Flash – participating tertiary sites

ECG Flash hub sites	Commenced date	Number of spoke sites
Thursday Island	January 2020	10
Cairns Hospital	September 2018	13
Townsville University Hospital	June 2019	7
Mackay Base Hospital	February 2019	7
Bundaberg Hospital	August 2019	8
Princess Alexandra Hospital	August 2018	10

Figure 1: ECG Flash hub and spoke locations as at November 2020

8 Spotlight: Rheumatic Heart Disease Program

8.1 Background

The Queensland Rheumatic heart disease register and control program (RHD Program) was established in 2009 to address rheumatic heart disease (RHD) as the leading cause of cardiovascular disparity between Aboriginal and Torres Strait Islander peoples and Australians of other descent. The program supports existing healthcare services by maintaining a skilled health workforce, promoting culturally appropriate care, supporting education and health promotion for patients and communities, and working with patients and primary health care staff to optimise delivery of secondary prophylaxis.

The program further delivers, advocates for, and supports primordial, primary and secondary prevention activities aimed at preventing, identifying, managing and treating acute rheumatic fever (ARF) and RHD.

The World Health Organization recommends a coordinated, public health approach in areas where there are substantial populations with ARF or RHD. The Australian Guideline for prevention, diagnosis and management of ARF and RHD* states that 'Comprehensive RHD control programs which span action in the social and environmental determinants of health and primary and secondary prevention of ARF, can provide an effective approach to reducing the burden of RHD.' It is with this structure and suggested methodology that the Queensland RHD Program has been established.

8.2 The disease

ARF is an acute illness causing a generalised, autoimmune inflammatory response following repeated exposure to and infection with Group A Streptococcal bacteria. The inflammatory response occurs predominantly in the heart, joints, brain and skin. Presentations are often subtle, clients typically present with a history of a sore throat and/or infected skin sores, pain and swelling in one or more joints, fever and chest pain. Chorea (jerky, uncoordinated movements of the hands, feet, tongue and face), skin and subcutaneous manifestations are uncommon but do appear to vary in frequency across populations, gender and age.* Clinical investigations may identify prolonged atrioventricular junctional arrhythmias on an electrocardiogram, a heart murmur or carditis.

Once the initial acute illness has resolved, ARF leaves no lasting damage to the joints or skin however, sustained inflammation of the brain in clients with Sydenham's chorea can cause permanent damage and lead to the development of mental health and neurological sequalae. Similarly, the autoimmune response that inflames the heart can lead to permanent damage to the heart valves known as rheumatic heart disease (RHD). Repeated episodes of ARF inevitably lead to the development or worsening of RHD.

Severe RHD usually requires surgical intervention in the form of valve repair and/or replacement. Individuals receiving mechanical valves require lifelong anticoagulation. Every year, RHD kills people and devastates lives, particularly those of young Aboriginal and Torres Strait Islander Queenslanders. The disease process begins with symptoms as simple as a sore throat or skin infection which can be easily treated with common antibiotics, however if left untreated, it can lead to valve disease requiring cardiac surgery, stroke and sometimes death. Efforts to prevent ARF and RHD currently centre on primary prevention (of the sore throat or skin infection), and secondary prevention via delivery of secondary prophylactic antibiotics to prevent recurrent episodes.

* RHD Australia (ARF/RHD writing group) (2020). *The 2020 Australian guideline for prevention, diagnosis and management of acute rheumatic fever and rheumatic heart disease* (3rd edition). Retrieved from https://www.rhdaustralia.org.au/arf-rhd-guideline

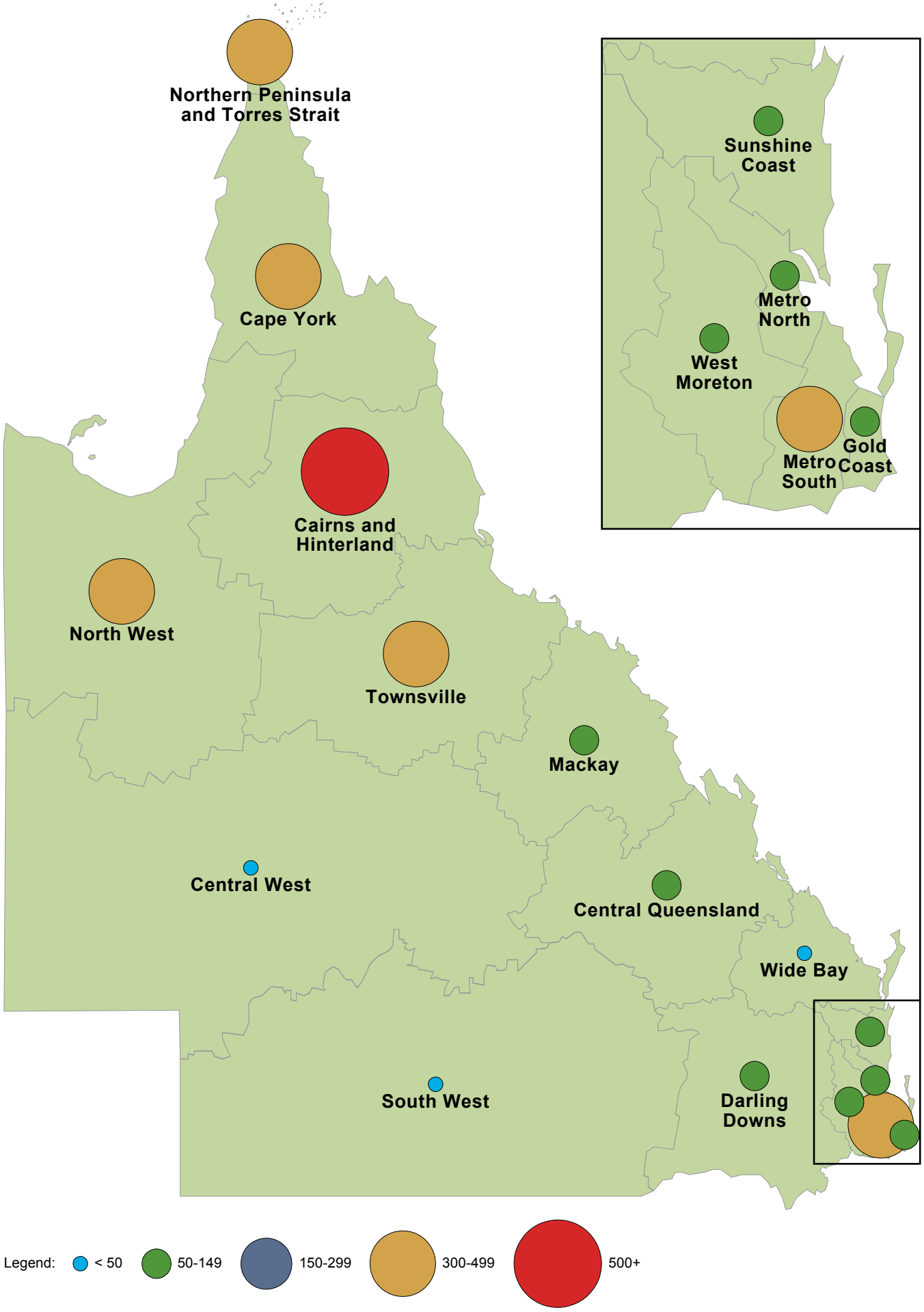


Figure 1: Rheumatic Heart Disease active clients by area of residence

8.3 Disease demographics

Across Australia, sustained improvements to the conditions in which we are born, grow, live and work have permanently reduced the rates of preventable infectious diseases. Unfortunately, this progress is inequitable and Aboriginal and Torres Strait Islander people have not benefitted from the same improvements in health and living outcomes as the rest of Australia. Household disadvantage, poor-quality living conditions, poverty and overcrowding all contribute to health inequalities in at-risk populations.

ARF and RHD are diseases that exemplify the 'gap' between Aboriginal and Torres Strait Islander peoples and Australians of other descent. In Queensland, 2019 the rate of ARF cases was 41.6 per 100,000 Aboriginal and Torres Strait Islander Australians whereas for all Queenslanders the rate was 2.2 per 100,000.† The prevalence of RHD was 627.4 cases per 100,000 Aboriginal and Torres Strait Islander Australians whereas for Australians of other descent the rate was 15.9 per 100,000.†

8.4 The costs of ARF and RHD

Eliminating RHD means preventing all new cases of ARF. Preventing ARF is as simple as early diagnosis and treatment of a Streptococcal infection. This cost is negligible in comparison to the long-term management of what would become chronic disease.

8.4.1 Human cost of RHD

ARF and RHD contribute to increased death and disability in Queensland. RHD accrues early in life, with 17% of people on the Queensland RHD Register under 18 years of age and 23% of all ARF and RHD clients having had or will require valvular surgery.

8.4.2 Financial cost of ARF and RHD

The estimated costs of ARF and RHD diagnosis and management are outlined in Table 1.‡

Table 1: Costs of diagnosis and management of ARF and RHD

	Child $	Adult $
Management of acute disease requiring hospitalisation		
ARF – Inpatient	12,075	12,912
RHD – Non-Surgical	11,798	9,787
RHD – Surgical	74,915	72,042
ARF/RHD Management (per year)		
ARF with/without mild RHD	2,048	2,048
Severe RHD	3,920	3,920

† Australian Institute of Health and Welfare (2020). *Acute rheumatic fever and rheumatic heart disease in Australia, 2015–2019*. Retrieved from https://www.aihw.gov.au/reports/heart-stroke-vascular-diseases/acute-rheumatic-fever-and-rheumatic-heart-disease/data

‡ Wyber, R., Noonan, K., Halkon, C., Enkel, S., Ralph, A., … Carapetis, J. (2020.). *The RHD Endgame Strategy: A Snapshot. The blueprint to eliminate rheumatic heart disease in Australia by 2031*. Perth: The END RHD Centre of Research Excellence, Telethon Kids Institute

8.5 Disease prevention

Interventions to eradicate ARF and RHD in Australia require strategies that target the underlying economic, social and environmental conditions. These are structural and health system considerations that include moving away from a silo-based culture and transitioning towards functional multiagency, multidisciplinary teams. By actioning disparities in the environmental, social, cultural and economic determinants of health, primary and secondary prevention strategies for ARF and RHD can be developed. These then lend themselves to effective tertiary care which provides clients with high-quality medical and surgical management of their RHD.

8.6 Queensland RHD Program and Queensland Cardiac Outcomes Registry

In September 2018, RHD became a notifiable condition in Queensland. Since April 2019, QCOR and the RHD program have collaborated to enhance the reporting of all RHD-identified echocardiograms to the RHD register for Cairns, Townsville, Mackay and Rockhampton hospitals. Interaction between the RHD Register and QCOR acts as a supporting notification mechanism, assisting to identify those patients who have not previously been or were escalated for notification of RHD at the time of their clinical encounter.

Between 2020–2021 QCOR, reporting of positive RHD findings by echocardiography has resulted in 147 previously unknown clients with RHD being added to the Register.

Table 2: QCOR echocardiography module RHD notifications

	Positive RHD findings n	Unknown RHD clients identified n
Cairns	503	55
Townsville	206	60
Mackay	45	18
Rockhampton	26	14
Total	**780**	**147**

During 2020–2021 QCOR cardiac surgery RHD notification reports, 336 previously unknown clients requiring surgery for their RHD have been added to the RHD register.

Table 3: QCOR cardiac surgery module RHD notifications

	Positive RHD findings n	Unknown RHD clients identified n
Townsville	182	33
Gold Coast	59	44
Princess Alexandra Hospital	48	40
The Prince Charles Hospital	325	217
Total	**614**	**336**

9 Spotlight: COVID-19 pandemic

9.1 Introduction

Health services in the state of Queensland have been significantly impacted by restrictions and limitations related to the COVID-19 pandemic. The first case of COVID-19 in Queensland was detected in late January 2020, after which a series of public health measures subsequently followed that significantly changed the way that healthcare was delivered.

Following the declaration of a global pandemic by the World Health Organisation on 11 March 2020, Australia entered the first stage of a nationwide shutdown on 23 March 2020, which limited activity, travel and social interaction.

In preparation for a surge in patients requiring hospital treatment for COVID-19 infection, the provision of cardiac services changed with reductions to the number of elective admissions and procedures as well as diagnostic studies and outpatient consultations. The slowdown in activity associated with COVID-19 had several effects, one of which was a reduction in trauma admissions due to less social activity and a resultant increase in hospital bed availability. The view was postulated that a delay in diagnosis of patients with cardiac disease would result in more urgent and emergent cases, but these impacts appear to have been minimal.

The use of personal protective equipment and protocols set up by hospital emergency departments, catheterisation laboratories, operating theatres and cardiac wards collectively impacted processes involved in patient care – resulting in increased difficulties in assessing patients and delays in commencing and administering treatment.

Outpatient support services such as cardiac rehabilitation and heart failure support services were also affected. Some community health facilities pivoted to provide COVID-19 testing support while some outpatient programs were temporarily closed due to the redeployment of staff to other areas of healthcare, or the reclaiming of gym spaces to deliver pop up COVID-19 screening clinics and vaccination hubs. Public health directives also placed restrictions on outpatient programs by limiting the number of people per square metre and mandating the use of face masks. Outpatient programs responded to these challenges while maintaining service provision, and many adapted their services to deliver these via alternative means such as telehealth.

With all these effects plus the likely negative influence on patient presentations to medical facilities and under-utilisation of hospital resources, this special section was added to this year's Report, aiming to characterise the effects the pandemic had on cardiac services in Queensland in 2020.

9.2 Procedure volumes

In the Queensland public health system, the utilisation of most cardiac services declined during April 2020 more than expected based on seasonal variation alone. Similar findings have been well documented both nationally and internationally across many medical and surgical specialties, with particular impacts noted on the rates of hospitalisation for acute coronary syndromes.*,†

Interventional cardiology

An overall reduction in cardiac catheterisation laboratory cases was observed in April 2020. This is owed mainly to a decreased volume of elective procedures. Case volumes returned to pre-pandemic volumes by June 2020 and tapered toward the end of the year as is usual for that time of year due to Christmas period service closures.

Total case volumes for all of 2020 only decreased by 0.7% for PCI procedures, which is reassuring considering April 2020 volumes declined considerably. Similarly, case numbers for other diagnostic coronary procedures were stable with only a 0.8% decrease compared to the previous year.

Cardiac surgery

In 2020, there were 2,651 cardiac surgery procedures which was a marginal increase (1.1%) on 2019. Soon after the announcement of the global COVID-19 pandemic, cardiac surgery case volumes exhibited a marked decrease in April 2020. Case numbers had increased by June, and later reached a peak in September.

There was a reduction in valve surgeries and other procedures during April 2020, whilst CABG numbers remained steady in comparison to previous months. Aortic procedures and other cardiac surgeries were also scaled back during this time.

Thoracic surgery

There was a 4.9% increase in thoracic surgery cases performed in 2020 compared to 2019 despite the challenges of the COVID-19 pandemic. However, it was evident that during the peak month of April 2020 case numbers fell considerably. There was a notable decrease in operations for all other indications except primary lung cancer.

The decrease in surgical volume in September 2020, could be attributable to the larger than average cardiac surgical volumes in the same period, given this surgical specialty shares resources and clinicians. Reduced case volumes in December are consistent with usual variation in service capacity for this time of year.

Electrophysiology and pacing

Electrophysiology and pacing services saw a 12% growth in cases from 2019 to 2020. A small portion of this growth can be attributed to extra case detail captured for Toowoomba Hospital (n=86). As exhibited across other service lines, there was a reduction in cases in April 2020 which saw most electrophysiology and ablation cases cease. The months following demonstrated an upward trend in case numbers, presumably related to cases which had been scheduled but not performed in April.

Table 1: Total cases for interventional cardiology, cardiac surgery, thoracic surgery and electrophysiology and pacing by year, 2019–2020

Service line	2019 n	2020 n
Interventional cardiology	5,002	4,966
Cardiac surgery	2,622	2,651
Thoracic surgery	1,042	1,093
Electrophysiology and pacing	4,654	5,201

* Solomon, M.D., McNulty, E.J., Rana, J.S., Leong, T., Lee, C., Sung, S., … Go, A.S. (2020). The COVID-19 pandemic and the incidence of acute myocardial infarction. *N Engl J Med, 383*(1), 691-693. doi: 10.1056/NEJMc2015630.

† De Filippo, O., D'Ascenzo, F., Angelini, F., Bocchino, P.B., Conrotto, F., Saglietto, A., … De Ferrari, G. (2020). Reduced rate of hospital admissions for ACS during Covid-19 outbreak in northern Italy. *N Engl J Med, 383*(1), 88-89. doi: 10.1056/NEJMc2009166.

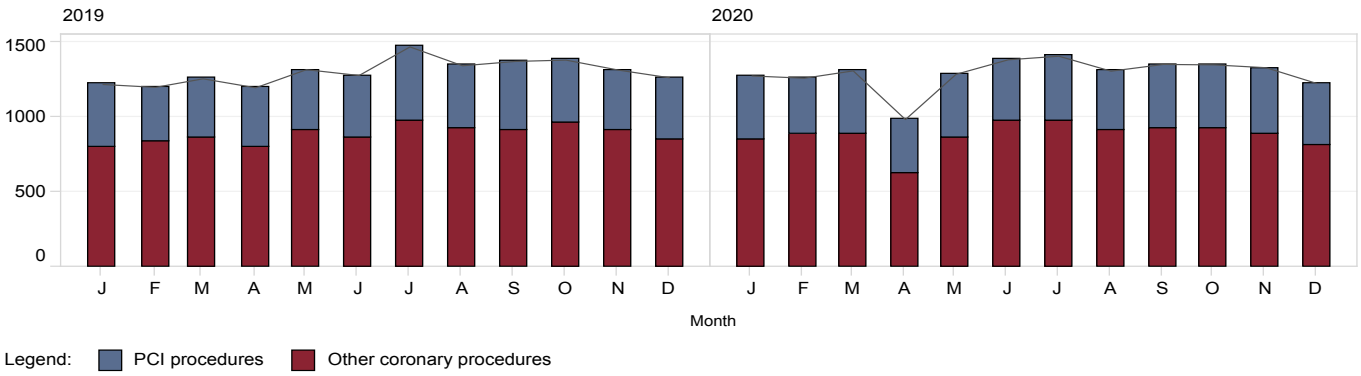


Figure 1: Proportion of all diagnostic and interventional cardiology cases by case category and month, 2019–2020

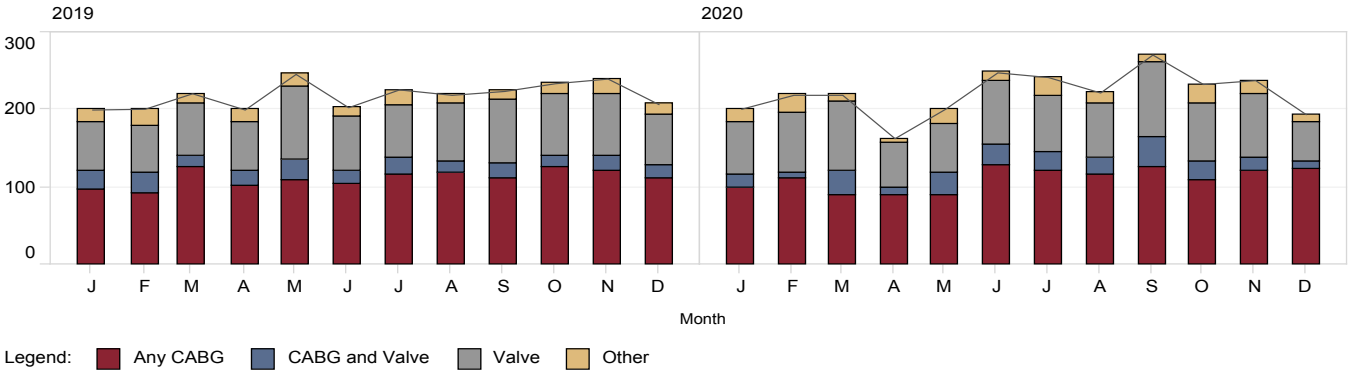


Figure 2: Proportion of all cardiac surgery cases by procedure category and month, 2019–2020

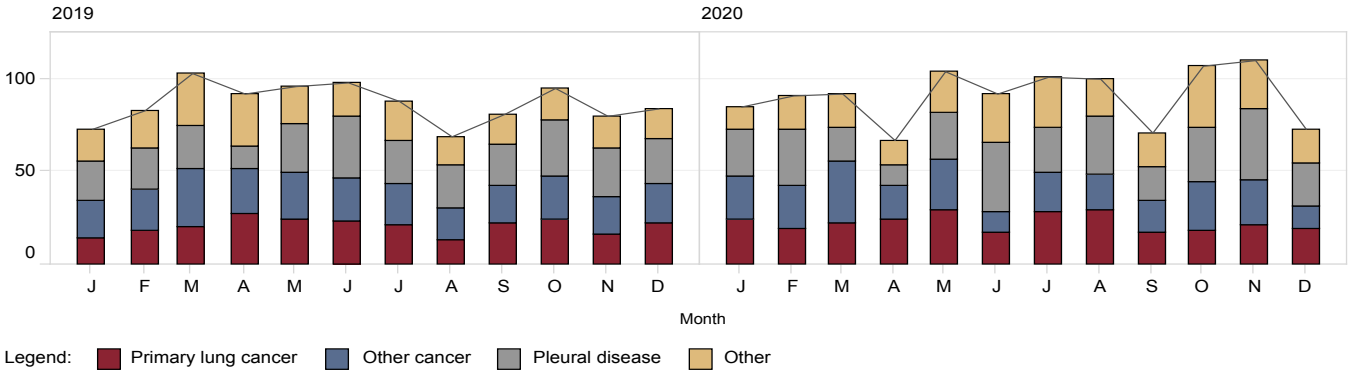


Figure 3: Proportion of all thoracic surgery cases by indication and month, 2019–2020

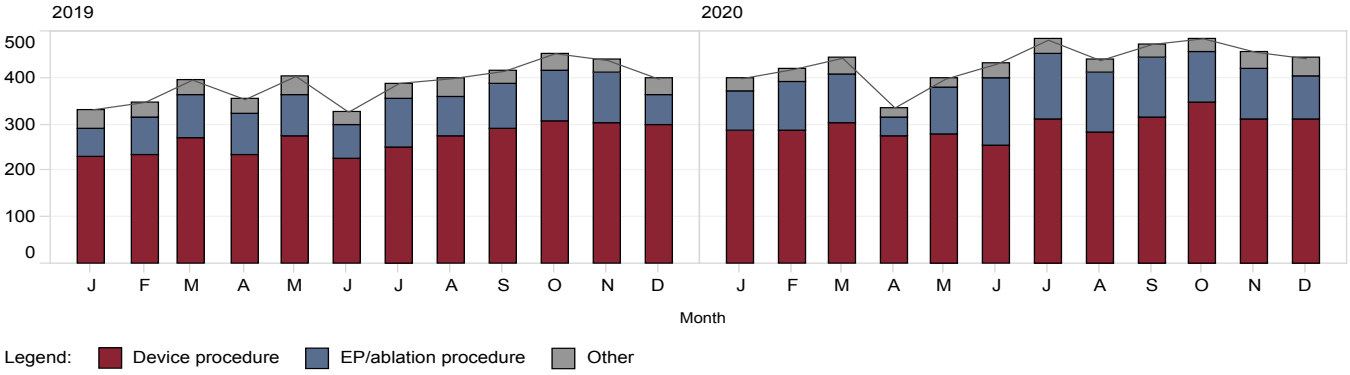


Figure 4: Proportion of all electrophysiology and pacing cases by procedure category and month, 2019–2020

9.3 Interstate and international patients

When examining the place of residence for patients undergoing cardiac interventions between 2019 and 2020, a notable decrease in the proportion of interstate and overseas patients was observed. The proportion of interstate patients reduced from 5.7% to 4.5%, while the proportion of overseas patients was almost halved (0.7% to 0.4%). This is reflective of travel restrictions in place, limiting international and interstate travel for a large part of 2020.

Table 2: Patient place of residence at time of procedure, 2019–2020

Service line	2019	2020
Queensland, %	93.6	95.1
Interstate, %	5.7	4.5
Overseas, %	0.7	0.4

Excludes missing data (0.1%)

9.4 Admission status

There was a reduced proportion of elective procedures and category 3 procedures observed across all service lines from 2019 to 2020. The reduction in elective cases appears to be concentrated around April 2020, coinciding with the announcement of the COVID-19 pandemic. These findings are likely reflective of the redistribution of clinical services in response to the pandemic as well as public health directives leading to a reduction in elective procedure bookings.

Table 3: Procedure status for interventional cardiology, cardiac surgery, thoracic surgery and electrophysiology and pacing by year, 2019–2020

Service line	2019	2020
Interventional cardiology, n	5,002	4,966
Elective, %	1,094 (21.9)	1,059 (21.3)
Urgent, %	2,719 (54.3)	2,585 (52.1)
Emergent, %	1,104 (22.1)	1,252 (25.2)
Salvage, %	87 (1.7)	70 (1.4)
Cardiac Surgery, n	2,622	2,651
Elective, %	1,523 (58.1)	1,472 (55.5)
Urgent, %	913 (34.8)	990 (37.3)
Emergent, %	169 (6.4)	185 (7.0)
Salvage, %	17 (0.6)	4 (0.2)
Thoracic surgery, n	1,042	1,093
Elective, %	730 (70.1)	719 (65.8)
Urgent, %	254 (24.4)	282 (25.8)
Emergent, %	58 (5.6)	92 (8.4)
Electrophysiology and pacing, n	4,654*	5,201†
Category 1, %	2,636 (56.6)	3,051 (58.7)
Category 2, %	1,143 (24.6)	1,365 (26.2)
Category 3, %	548 (11.8)	459 (8.8)

Category 1: Clinically indicated within 30 days

Category 2: Clinically indicated within 90 days

Category 3: Clinically indicated within 365 days

* 7.0% missing data

† 6.3% missing data

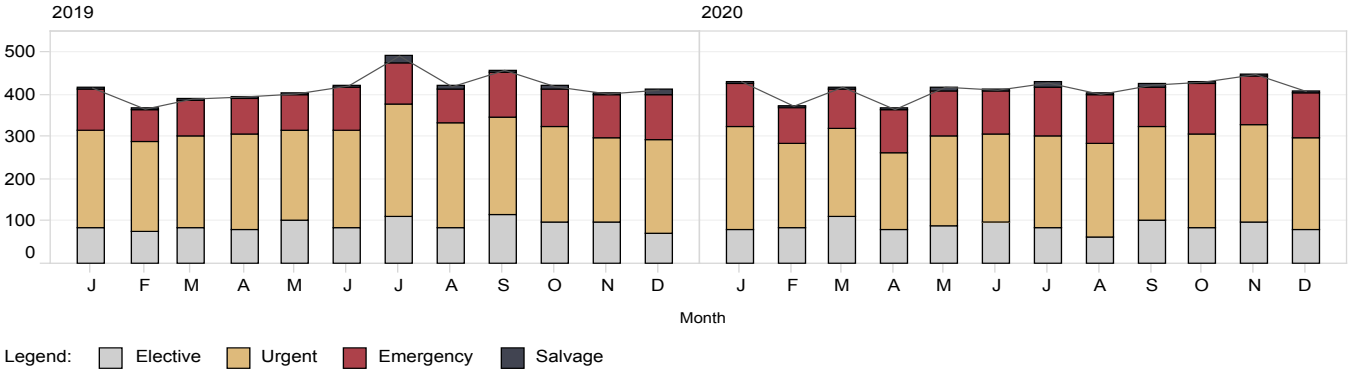


Figure 5: Proportion of all interventional cardiology cases by admission status and month, 2019–2020

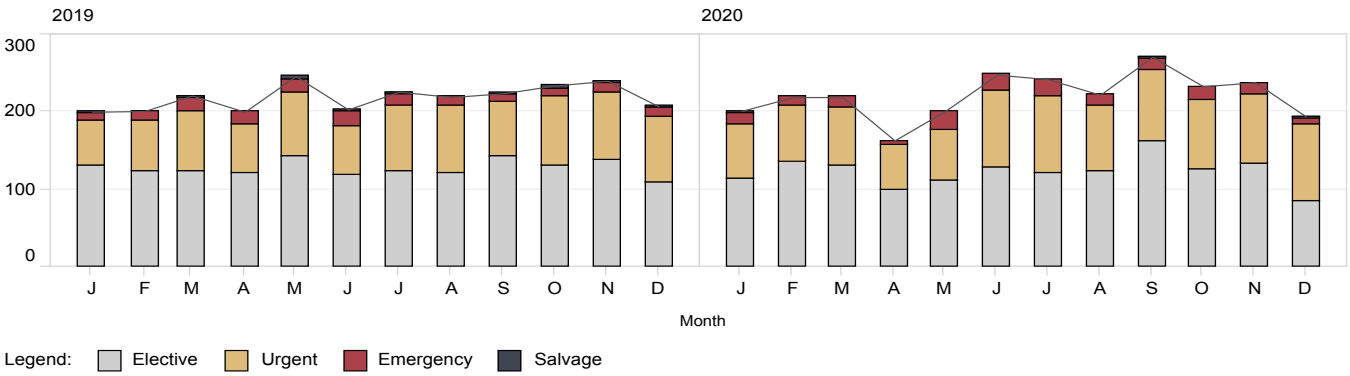


Figure 6: Proportion of all cardiac surgery cases by admission status and month, 2019–2020

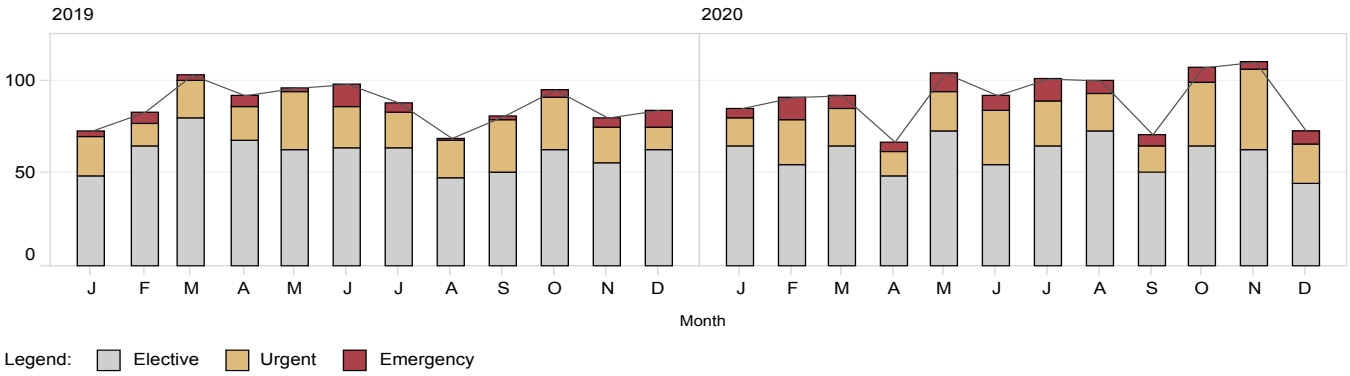
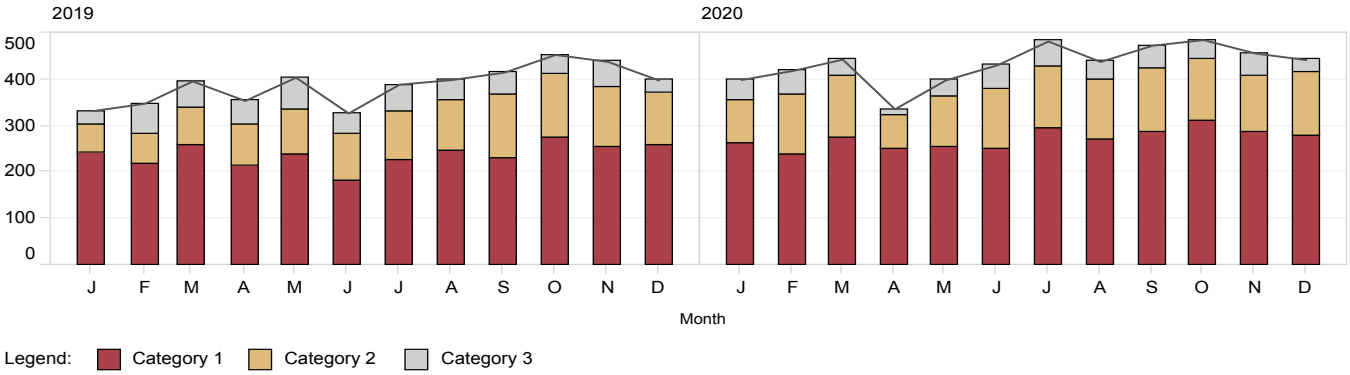


Figure 7: Proportion of all thoracic surgery cases by admission status and month, 2019–2020



Note: imputed missing data

Figure 8: Proportion of all electrophysiology and pacing cases by urgency status and month, 2019–2020

9.5 Outpatient support services

Cardiac rehabilitation services across the state were subject to disruption due to resources being redistributed to support the state's COVID-19 response. The overall number of referrals in 2020 was slightly less than 2019, with a total of 11,547 referrals vs. 11,177 referrals respectively. The greatest decline in incoming referrals was identified in April 2020 with a return to usual capacity over the following months.

Heart failure support services showed a 6.8% increase in referrals received in 2020 compared to 2019. As with most other cardiac services there was a decline in referrals in April 2020, followed by a steady increase in referrals through to December. The impacts on heart failure support services appear to have been limited.

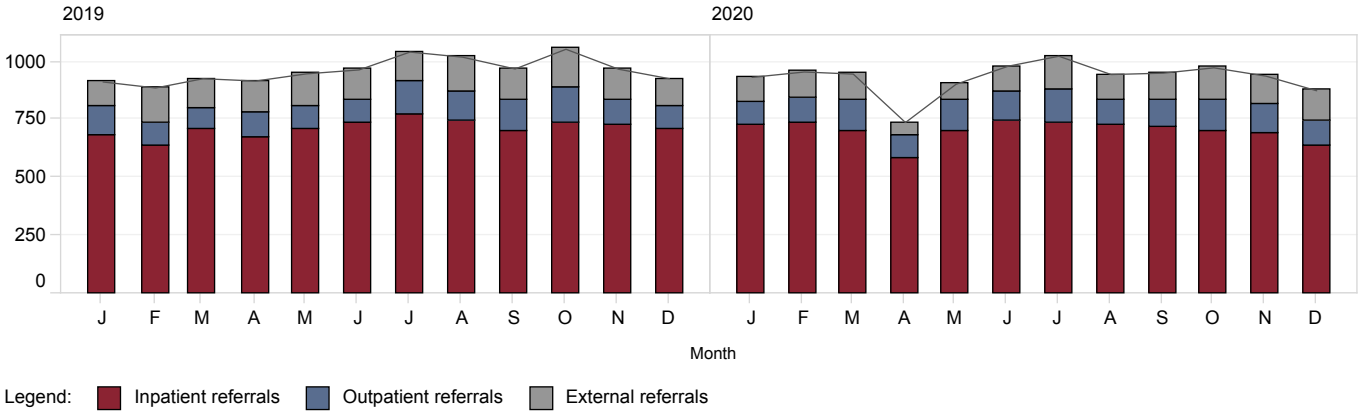


Figure 9: Cardiac rehabilitation referral source, 2019–2020

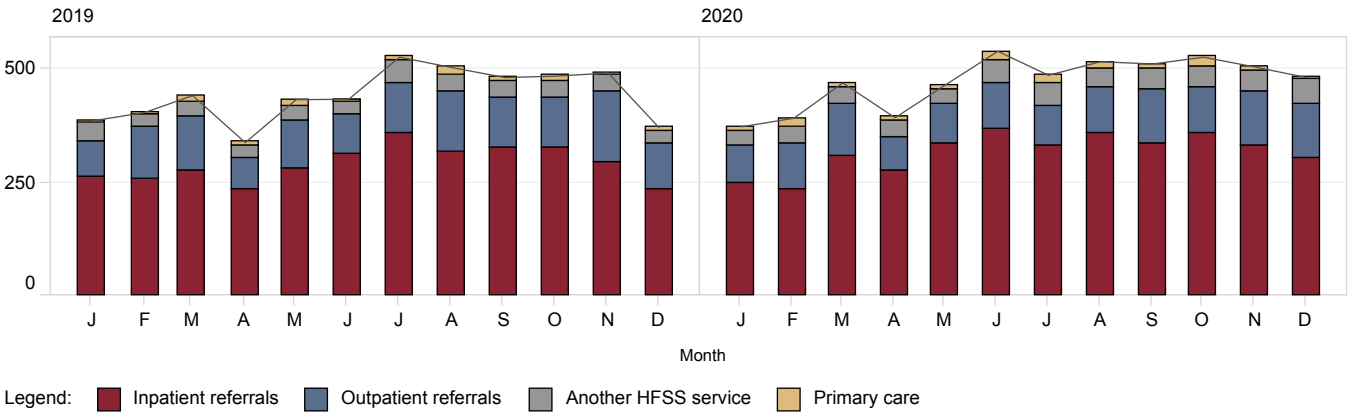


Figure 10: Heart failure support services referral source, 2019–2020

Table 4: Outpatient support services referral volumes, 2019–2020

Service line	2019 n	2020 n
Cardiac rehabilitation	11,547	11,177
Heart failure support services	5,304	5,664

9.6 Clinical performance indicators

Key clinical performance indicators for Queensland cardiac services in 2020 were largely improved compared to the previous year, though there were some areas where performance appears to have been negatively impacted by disruptions to scheduling and patient flow. It is difficult to draw conclusion as any impact is likely to be multifactorial. These issues are examined in more detail in the relevant sections of this report. However these results are suggestive that Queensland cardiac services have been largely insulated from significant impacts to service and performance as a result of the COVID-19 pandemic.

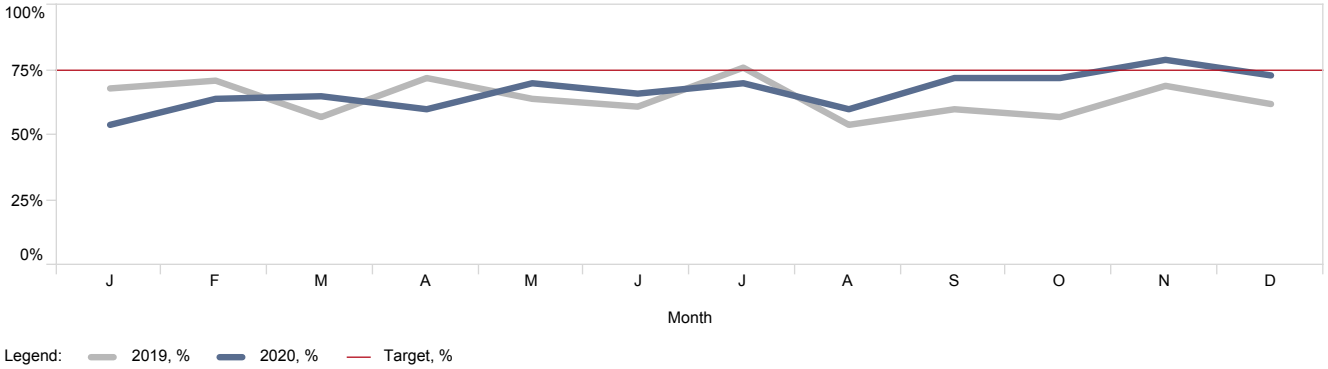


Figure 11: Proportion of ST-elevation myocardial infarction patients presenting within six hours of symptom onset who received an intervention within 90 minutes of first diagnostic electrocardiograph, 2019–2020

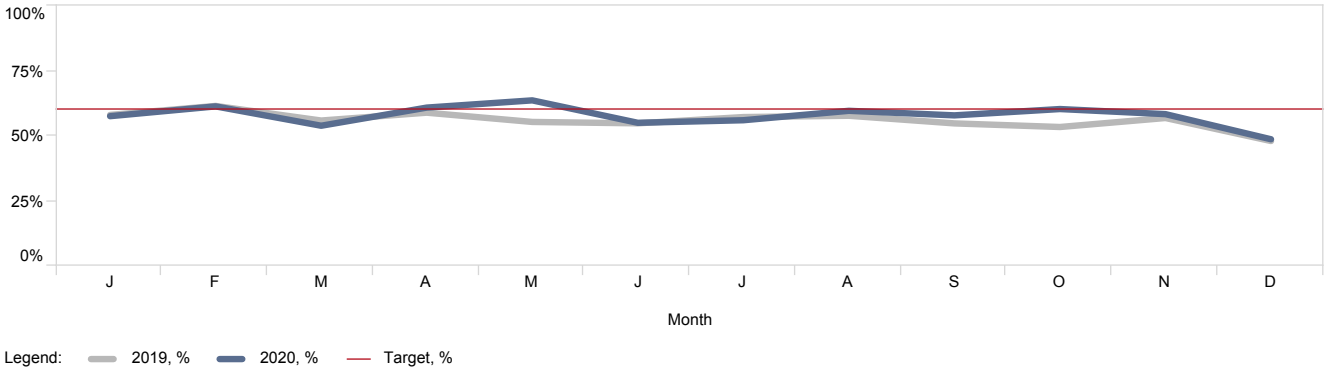


Figure 12: Cardiac rehabilitation performance measure, 2019–2020

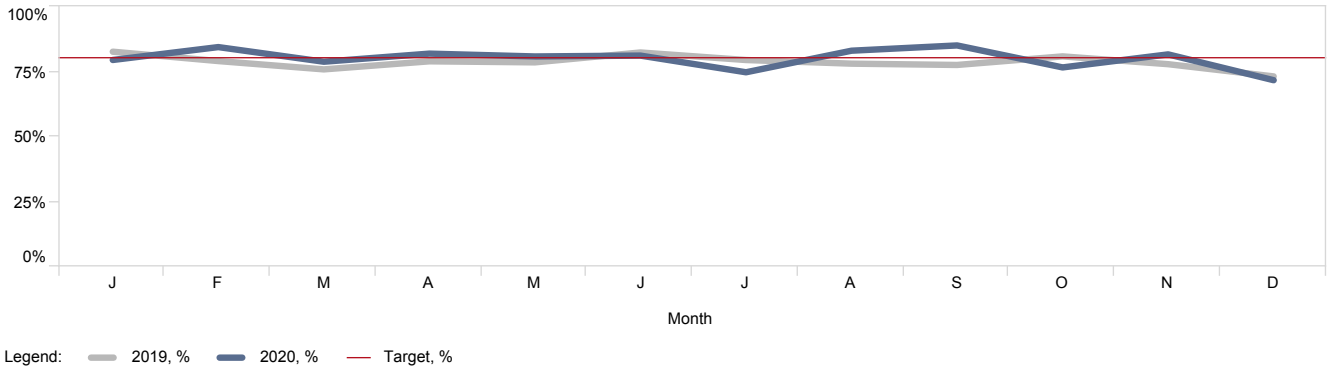


Figure 13: Heart failure support services clinical follow-up of acute patients within two weeks, 2019–2020

Table 5: Performance measures for interventional cardiology, electrophysiology and pacing, cardiac rehabilitation and heart failure support services by year, 2019–2020

Service line	2019	2020
Interventional cardiology		
Proportion of STEMI* patients presenting within six hours of symptom onset who received an intervention within 90 minutes of first diagnostic ECG (%)	65	67
Proportion of STEMI* patients with arrival at PCI facility to first device time less than 60 minutes (%)	70	70
Proportion of all NSTEMI† patients who received angiography within 72 hours of first hospital admission (%)	60	69
Electrophysiology and pacing		
Median wait time for elective pacemaker implantation (days)	21	3
Median wait time for elective ICD‡ implantation (days)	32	36
Median wait time for elective standard ablation (days)	117	99
Median wait time for elective complex ablation (days)	65	104
Cardiac rehabilitation		
Timely referral – documented referral to CR within three days of discharge (%)	94	93
Timely assessment (inpatients) – initial CR pre assessment completed within 28 days of discharge date (%)	59	62
Timely assessment (non acute patients) – proportion of CR patients completing a CR pre assessment within 28 days of referral date (%)	61	57
Timely journey (inpatients) – composite of timely referral and assessment (%)	56	58
Heart failure support services		
Follow-up of acute patients within two weeks (%)	79	80
Follow-up of non acute patients within four weeks (%)	82	84
Assessment of left ventricular ejection fraction within two years (%)	96	96
ACEI/ARB§ or ARNI‖ prescription at hospital discharge (%)	92	92
ACEI/ARB§ or ARNI‖ at first clinical review (%)	90	92
Beta blocker prescription at hospital discharge (%)	89	92
Beta blocker prescription at first clinical review (%)	91	92
Prescription of MRA# for HFrEF** at time of hospital discharge (%)	45	46
Prescription of MRA# for HFrEF†† at time of first HFSS clinical review (%)	43	46
Beta blocker titration status review at six months post referral (%)	67	75
Beta blocker achievement of guideline recommended target (%)	35	32
Beta blocker achievement of guideline recommended target dose or maximum tolerated dose (%)	75	77

* ST-elevation myocardial infarction

† Non-ST-elevation myocardial infarction

‡ Implantable cardioverter defibrillator

§ Angiotensin converting enzyme inhibitor/angiotensin II receptor blocker

‖ Angiotensin receptor-neprilysin inhibitor

Mineralocorticoid receptor antagonists

** Heart failure with reduced ejection fraction

†† Heart failure with preserved ejection fraction

10 Facility profiles

10.1 Cairns Hospital

- Referral hospital for Cairns and Hinterland and Torres and Cape Hospital and Health Services, serving a population of approximately 280,000
- Public tertiary level invasive cardiac services provided at Cairns Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - ICD, CRT and pacemaker implantation

10.2 Townsville University Hospital

- Referral hospital for Townsville and North West Hospital and Health Services, serving a population of approximately 295,000
- Public tertiary level invasive cardiac services provided at Townsville University Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation
  - Cardiothoracic surgery

10.3 Mackay Base Hospital

- Referral hospital for Mackay and Whitsunday regions, serving a population of approximately 182,000
- Public tertiary level invasive cardiac services provided at Mackay Base Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - ICD and pacemaker implants

10.4 Sunshine Coast University Hospital

- Referral hospital for Sunshine Coast and Wide Bay Hospital and Health Services, serving a population of approximately 563,000
- Public tertiary level invasive cardiac services provided at Sunshine Coast University Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation

10.5 The Prince Charles Hospital

- Referral hospital for Metro North, Wide Bay and Central Queensland Hospital and Health Services, serving a population of approximately 900,000 (shared referral base with the Royal Brisbane and Women's Hospital)
- Public tertiary level invasive cardiac services provided at The Prince Charles Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation
  - Cardiothoracic surgery
  - Heart/lung transplant unit
  - Adult congenital heart disease unit

10.6 Royal Brisbane & Women's Hospital

- Referral hospital for Metro North, Wide Bay and Central Queensland Hospital and Health Services, serving a population of approximately 900,000 (shared referral base with The Prince Charles Hospital)
- Public tertiary level invasive cardiac services provided at The Royal Brisbane and Women's Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation
  - Thoracic surgery

10.7 Queensland Children's Hospital

- Children's Health Queensland is a specialist statewide Hospital and Health Service dedicated to caring for children and young people from across Queensland and northern New South Wales
- Public tertiary level invasive cardiac services provided at the Queensland Children's Hospital include:
  - Percutaneous congenital cardiac abnormality diagnostics and intervention
  - Electrophysiology
  - ICD and pacemaker implantation
  - Paediatric cardiac and thoracic surgery

10.8 Princess Alexandra Hospital

- Referral hospital for Metro South and South West Hospital and Health Services, serving a population of approximately 1,000,000
- Public tertiary level invasive cardiac services provided at the Princess Alexandra Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation
  - Cardiothoracic surgery

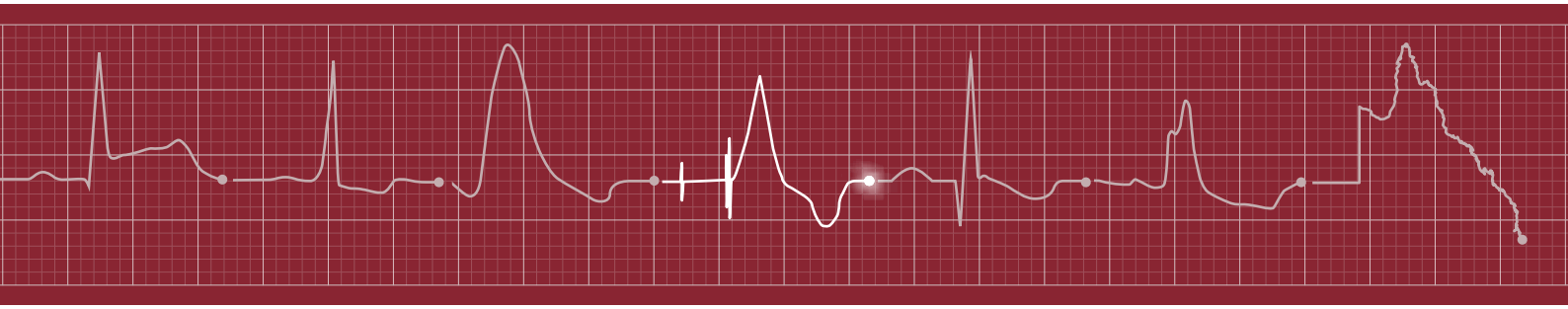
10.9 Toowoomba Hospital

- Referral hospital for Darling Downs Hospital and Health Services, servicing a population of approximately 280,000
- Public invasive cardiac services provided at the Toowoomba Hospital include:
  - ICD, CRT and pacemaker implantation

10.10 Gold Coast University Hospital

- South Wales regions, serving a population of approximately 700,000
- Public tertiary level invasive cardiac services provided at the Gold Coast University Hospital include:
  - Coronary angiography
  - Percutaneous coronary intervention
  - Structural heart disease intervention
  - Electrophysiology
  - ICD, CRT and pacemaker implantation
  - Cardiothoracic surgery

Electrophysiology and Pacing Audit



1 Message from the QCOR Electrophysiology and Pacing Committee

This 2020 Annual Report offers detailed insight into key aspects of electrophysiology and pacing (EP) procedures across the state of Queensland. This year's report includes a record 9 public sites contributing, with detailed information on patient demographics, procedures undertaken and their outcomes. With each year of additional data, the registry builds an increasingly detailed picture to guide improvements in EP service delivery around the state.

The COVID-19 global pandemic necessitated a halt to elective procedures for an extended duration – with a large effect observed in the EP and ablation domain. Reassuringly, overall procedural volumes remained steady over the year, an outcome which is likely owing to the resilience and tireless work of Queensland EP clinicians. In this way, COVID-19 has highlighted the flexibility and adaptability of EP services, allowing these characteristics to come to the forefront.

With access to longer term data, observations of trends in procedural complexity and case mix can be made. An incremental increase year-on-year in the proportion and volume of complex EP and ablation procedures highlights the existing demand on current systems. It is expected that this demand will only increase over time, given the ageing population.

Volumes of complex EP procedures, such as pulmonary vein isolation for atrial fibrillation, increased in 2020 despite the impacts of lockdowns and procedure cancellations as a result of COVID-19. This has however still come at a cost, with wait times for complex ablation increasing over previous years. This further underscores the demand and unmet need for these technically-challenging procedures.

QCOR data has once again informed a competitive market share arrangement for implantable cardiac devices, ensuring investment in the best possible care for Queensland EP patients. The ongoing work of QCOR continues to inform current and future initiatives of this kind. Through the QCOR registry, significant savings for the health system have already been realised, allowing these funds to be reinvested into further improvements to provision of patient care.

With a growing pool of data and analyses available to inform its stakeholders, it is hoped that the future of electrophysiology and pacing services can continue to expand and evolve to serve the needs of all Queenslanders.

On behalf of the
QCOR Electrophysiology and Pacing Committee

2 Key findings

This Electrophysiology and Pacing Audit describes baseline demographics, risk factors, procedures performed and outcomes for 2020.

Key findings include:

- Across Queensland, nine public sites contributed to the registry with all sites contributing a complete year of data.
- Of the 5,201 electrophysiology and pacing cases, 3,551 were device procedures and 1,286 were electrophysiology procedures.
- An increase of 416 device procedures was observed in 2020 over 2018 volumes and an additional 231 electrophysiology procedures were performed.
- Complex electrophysiology has increased as a proportion of all electrophysiology cases from 52% in 2018 to 72% in 2020.
- Pulmonary vein isolation for atrial fibrillation cases have increased from 295 in 2018 to 349 in 2020.
- Three quarters of patients were aged 60 years or over (75%) with a median age of 69 years.
- The overall proportion of Aboriginal and Torres Strait Islander patients was 4.4%.
- The vast majority of patients (71%) were classed as having an unhealthy body mass index (BMI) of greater than 30 kg/m2.
- Complex electrophysiology procedures which utilise three-dimensional mapping technology, involve pulmonary vein isolation or ventricular arrhythmias accounted for 72% of this case cohort.
- Atrial flutter, pulmonary vein isolation for atrial fibrillation, and atrioventricular node re-entry tachycardia ablations accounted for 71% of all ablation cases.
- The reported complication rate for all device procedures was 1.0%, while electrophysiology procedures had a 1.7% complication rate.
- There was a 0.2% procedural tamponade rate reported for all cases.
- The statewide median wait time for complex ablation was 104 days with 73% of cases meeting the 180 day benchmark.
- The 12 month device system loss rate due to infection was 0.5%.

3 Participating sites

There were nine public electrophysiology and pacing units spread across metropolitan and regional Queensland. All of these entered data directly into the Queensland Cardiac Outcomes Registry (QCOR) electrophysiology and pacing application.

Patients came from a wide geographical area, with the majority of patients residing on the Eastern Seaboard.

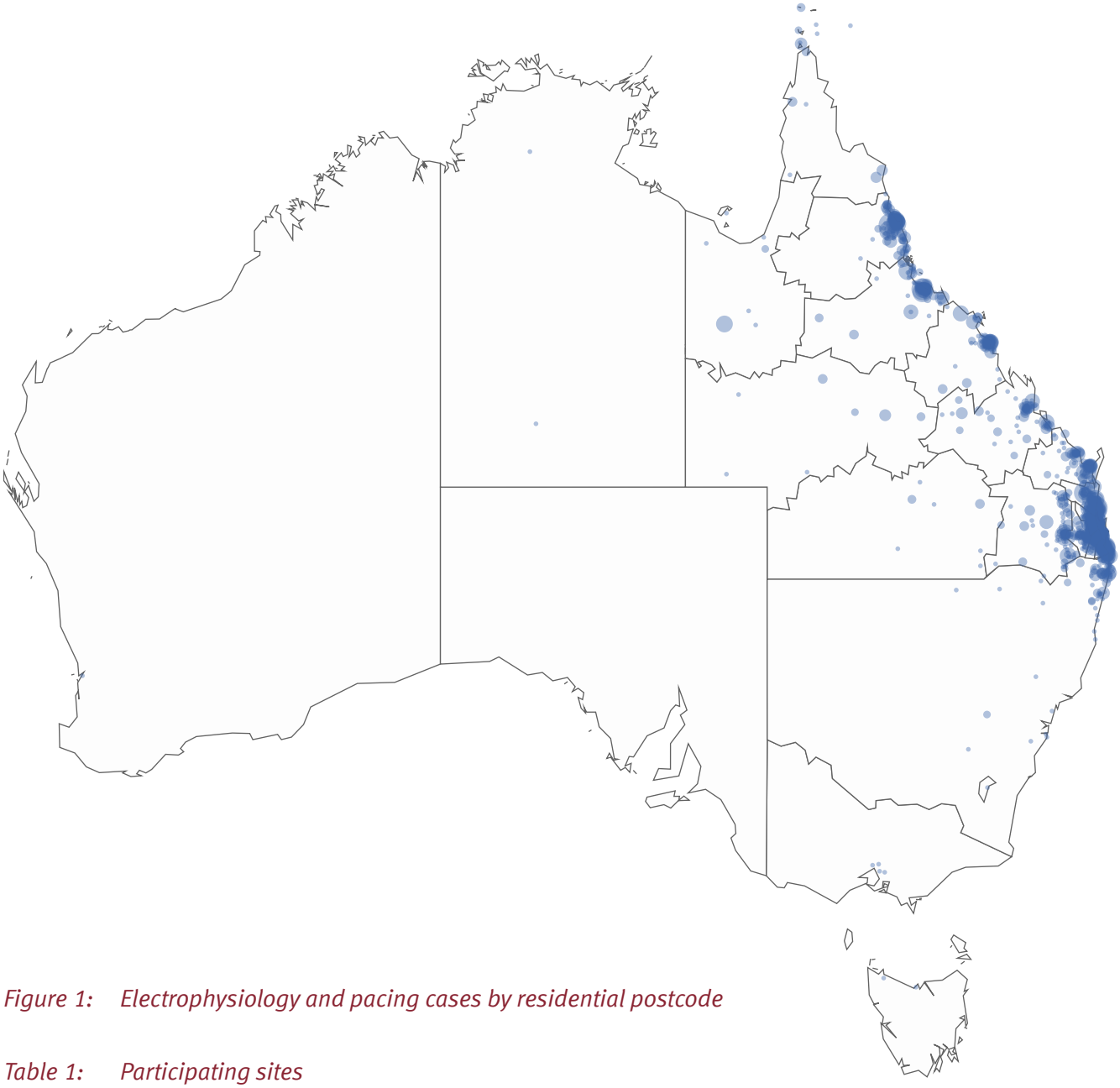


Figure 1: Electrophysiology and pacing cases by residential postcode

Table 1: Participating sites

Acronym	Site name
CH	Cairns Hospital
TUH	Townsville University Hospital
MBH	Mackay Base Hospital
SCUH	Sunshine Coast University Hospital
TPCH	The Prince Charles Hospital
RBWH	Royal Brisbane and Women's Hospital
PAH	Princess Alexandra Hospital
TWH	Toowoomba Hospital
GCUH	Gold Coast University Hospital

4 Case totals

4.1 Case volume

There were 5,201 electrophysiology and pacing procedures documented using the QCOR electrophysiology and pacing application.

Table 2: Total cases by category

Procedure combination	Category	Total cases n (%)
Cardiac device procedure	Device	3,499 (67.3)
Cardiac device procedure + EP study		23 (0.4)
Cardiac device procedure + other procedure		14 (0.3)
Cardiac device procedure + EP study + ablation		5 (0.1)
Cardiac device procedure + EP study + drug challenge		4 (0.1)
Cardiac device procedure + cardioversion		2 (<0.1)
Cardiac device procedure + pericardiocentesis		2 (<0.1)
Cardiac device procedure + drug challenge		1 (<0.1)
Cardiac device procedure + EP study + cardioversion		1 (<0.1)
EP study + ablation	EP	861 (16.6)
EP study		192 (3.7)
Ablation		160 (3.1)
EP study + ablation + cardioversion		47 (0.9)
EP study + cardioversion		10 (0.2)
EP study + drug challenge		9 (0.2)
EP study + ablation + other procedure		2 (<0.1)
EP study + ablation + other procedure + pericardiocentesis		2 (<0.1)
Ablation + cardioversion		2 (<0.1)
EP study + ablation + pericardiocentesis		1 (<0.1)
Cardioversion	Other	297 (5.7)
Drug challenge		35 (0.7)
Other procedure		22 (0.4)
Pericardiocentesis		7 (0.1)
Cardioversion + other procedure		3 (0.1)
ALL		**5,201 (100.0)**

4.2 Cases by category

The majority of cases performed were cardiac device procedures accounting for over two thirds (68%) of documented procedures. The remainder of cases were electrophysiology and ablation procedures (25%), with the remainder categorised as 'other' procedures (7%).

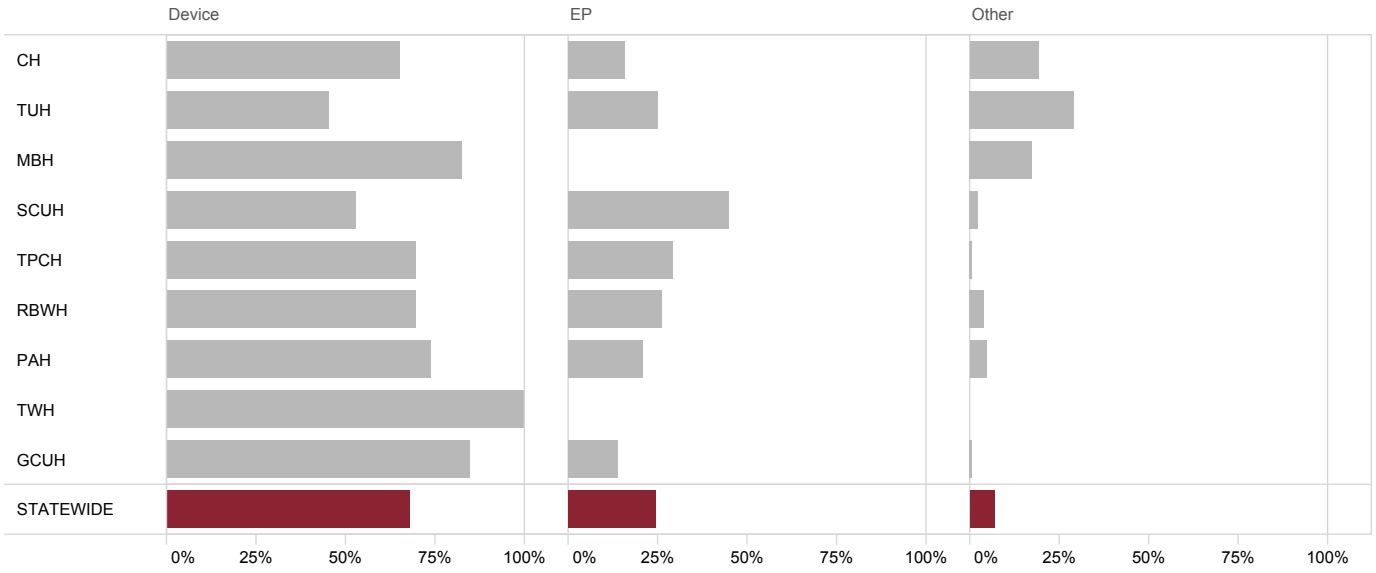


Figure 2: Proportion of cases by site and category

Table 3: Cases by case category

Site	Device n (%)	EP n (%)	Other n (%)	Total n (%)
CH	342 (9.6)	84 (6.5)	100 (27.5)	526 (10.1)
TUH	234 (6.6)	130 (10.1)	151 (41.5)	515 (9.9)
MBH	99 (2.8)	–	21 (5.8)	120 (2.3)
SCUH	340 (9.6)	290 (22.6)	14 (3.8)	644 (12.4)
TPCH	835 (23.5)	349 (27.1)	8 (2.2)	1,192 (22.9)
RBWH	394 (11.1)	148 (11.5)	22 (6.0)	564 (10.8)
PAH	688 (19.4)	196 (15.2)	45 (12.4)	929 (17.9)
TWH	86 (2.4)	–	–	86 (1.7)
GCUH	533 (15.0)	89 (6.9)	3 (0.8)	625 (12.0)
STATEWIDE	**3,551 (68.3)**	**1,286 (24.7)**	**364 (7.0)**	**5,201 (100.0)**

4.3 Yearly case distribution

Yearly growth has been noted over the years since QCOR reporting has begun and this can now be better understood with a larger dataset. It is evident that since 2018 that the volume of cardiac device procedures and electrophysiology procedures has increased. These reasons for these increases are likely multifactorial and include expansion of services at some sites and new services offered at others.

The complexity of electrophysiology procedures has a large bearing on the time taken and resources used to perform these procedures. A notable increase in the volume and proportion of complex electrophysiology procedures can be seen over time. Again, there are multiple underlying contributing factors to this increase and that this increase in ability to treat complex cases underlines the quality services in place.

An increase in the proportion and volume of pulmonary vein isolation/atrial fibrillation ablation has been observed over the past three years. It is recognised that there is a significant demand for these services as the prevalence of atrial fibrillation increases.

Wait times for procedure categories and urgency status has varied over the past three years. Of particular note is a decrease in wait time for elective permanent pacemaker and an increase for complex ablation procedures.

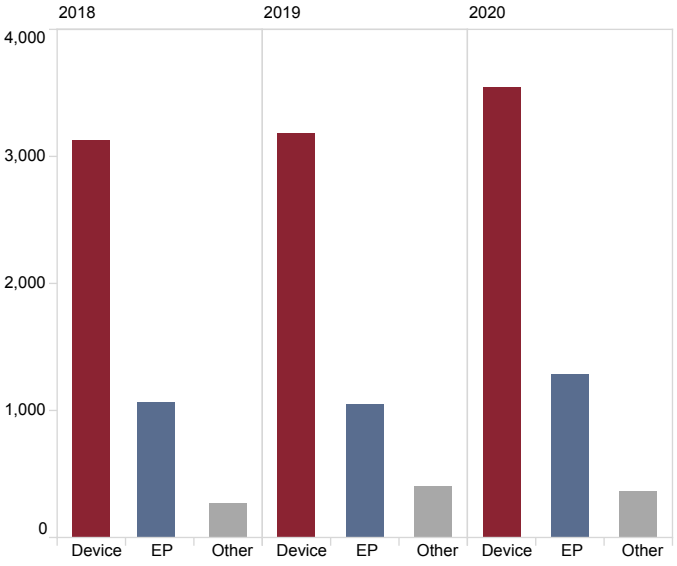


Figure 3: Yearly case volume by case category, 2018–2020

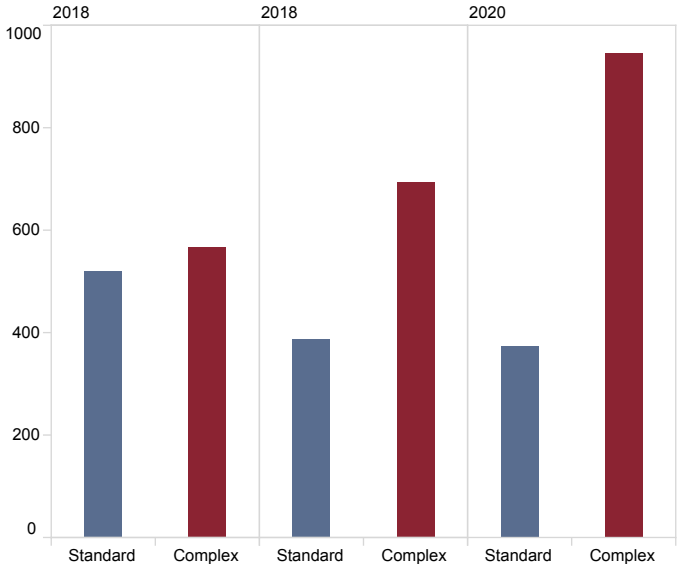


Figure 4: Yearly case volume by electrophysiology procedural complexity, 2018–2020

Table 4: Yearly case volume by case category, 2018–2020

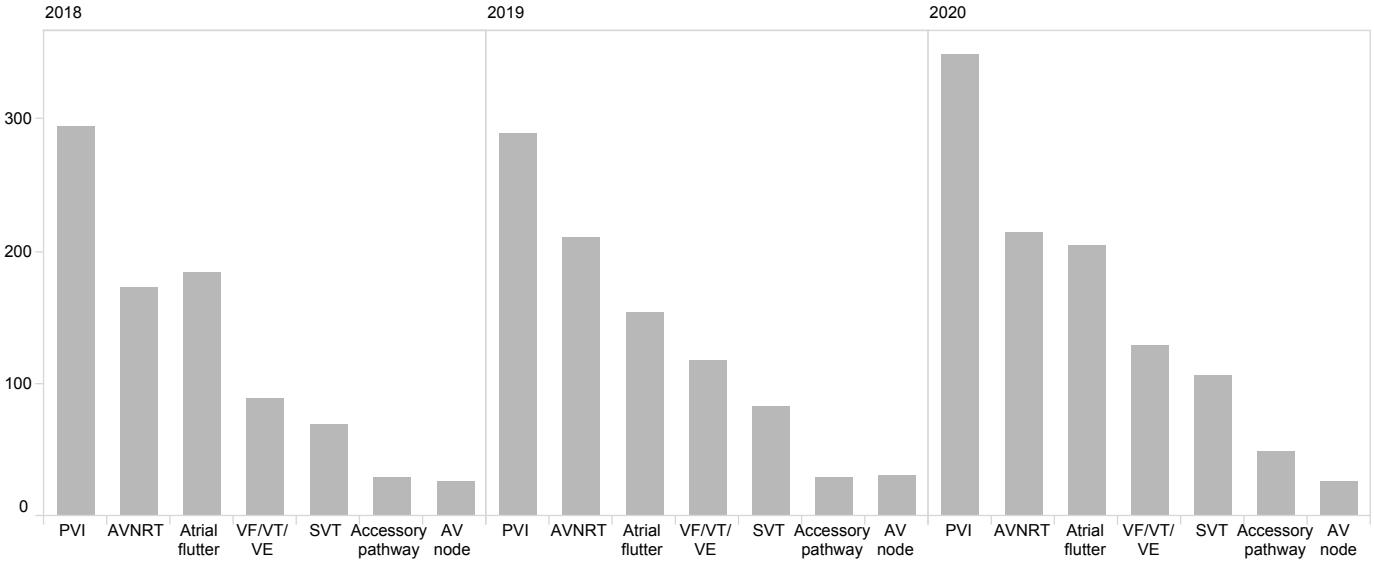
Case category	2018* n	2019 n	2020 n
Device	3,136	3,189	3,551
All EP	1,088	1,082	1,319
Other	277	407	364

* Case totals do not reflect all 2018 activity for GCUH

Table 5: Yearly case volume by electrophysiology procedural complexity, 2018–2020

Electrophysiology procedure complexity	2018* n (%)	2019 n (%)	2020 n (%)
Standard	520 (47.8)	389 (36.0)	374 (28.3)
Complex	568 (52.2)	693 (64.0)	946 (71.7)

* Case totals do not reflect all 2018 activity for GCUH



Case totals do not reflect all 2018 activity for GCUH

Figure 5: Number of yearly ablation cases by arrhythmia type, 2018–2020

Table 6: Yearly ablation cases by arrhythmia type, 2018–2020

Ablation type	2018* n	2019 n	2020 n
Pulmonary vein isolation	295	290	349
AVNRT	173	210	214
Atrial flutter	184	154	205
Ventricular arrhythmia / ectopy	88	118	129
Supraventricular tachycardia	69	83	107
Accessory pathway	29	29	49
AV node	26	30	27

* Case totals do not reflect all 2018 activity for GCUH

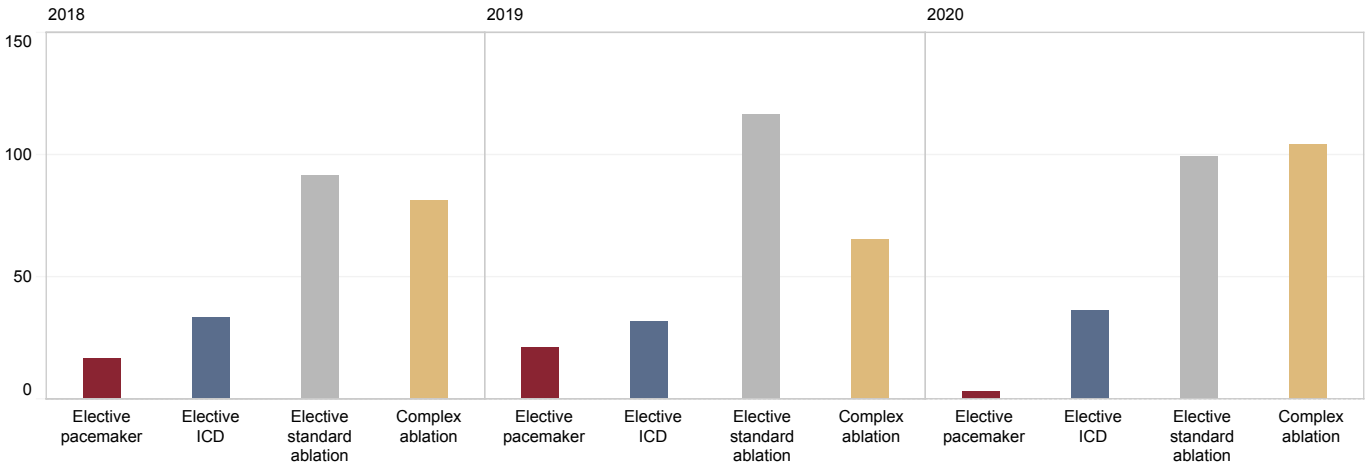


Figure 6: Median wait time analysis by procedure category, 2018–2020

Table 7: Median wait time analysis by procedure category, 2018–2020

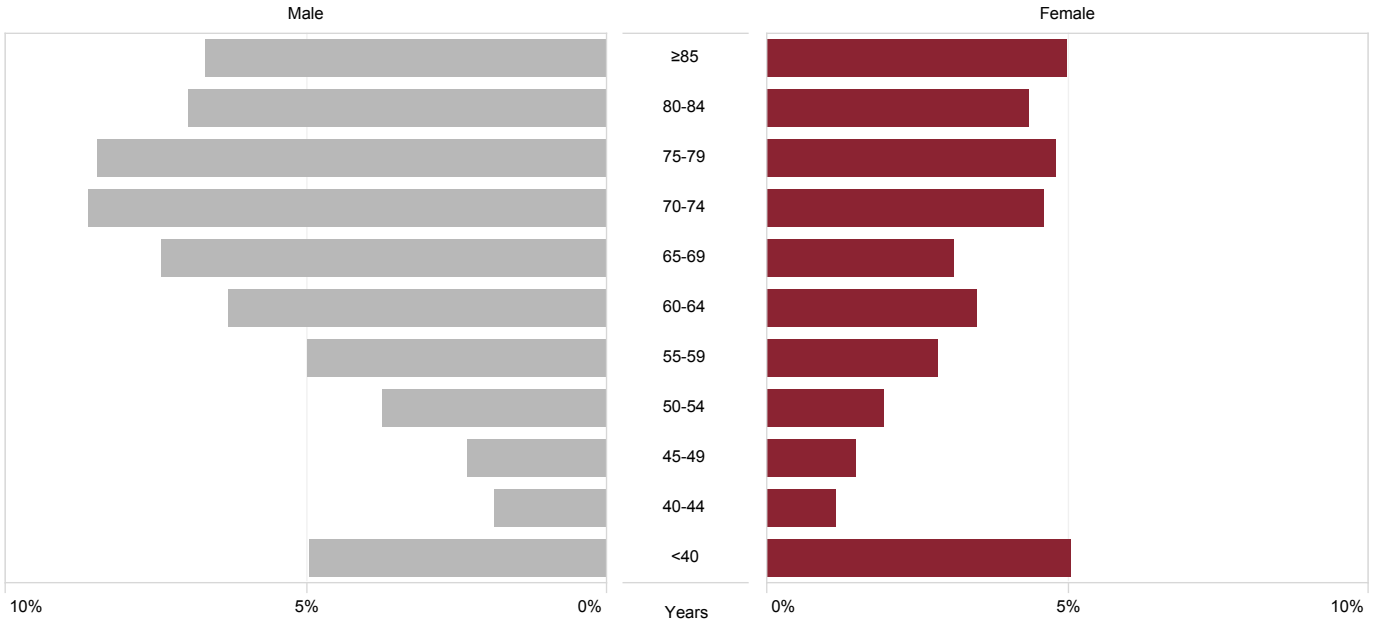
Procedure category	2018 days	2019 days	2020 days
Elective PPM	17	21	3
Elective ICD	33	32	36
Elective standard ablation	91	117	99
Complex ablation	81	65	104

5 Patient characteristics

5.1 Age and gender

Age is an important risk factor for developing cardiovascular disease with the majority of patients in this cohort aged 60 years and above (75%). The median age of the overall electrophysiology and pacing patient cohort was 69 years of age. Males between the age of 70 and 74 comprised the largest proportion by age and gender.

The median age of males and females was 69 years. Patient age differed considerably by procedure category with the median age of patients undergoing electrophysiology procedures being 58 years compared to 74 years for cardiac device procedures.



% of total (n=5,201)

Figure 7: Proportion of all cases by age group and gender

Table 8: Median age by gender and case category

	Total cases n	Male years	Female years	All years
Device	3,551	73	74	74
EP	1,286	59	55	58
Other	364	62	64	62
Total	**5,201**	**69**	**69**	**69**

Overall, 62% of patients were male with a similar distribution across all procedure categories. The largest proportion of females was represented in the electrophysiology category (41%).

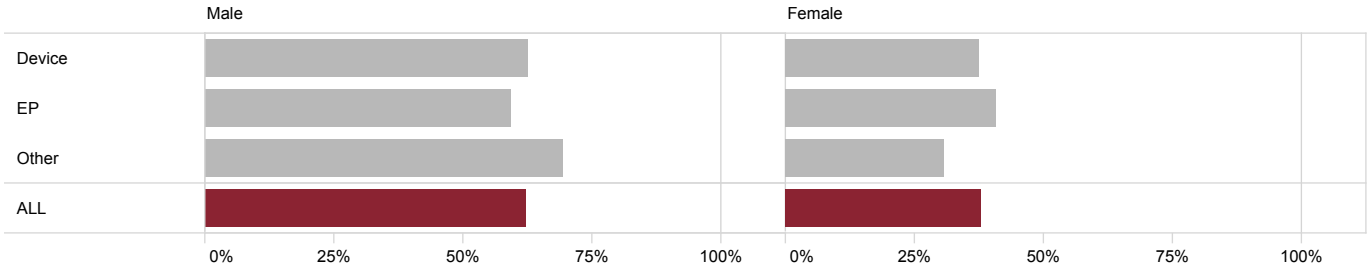


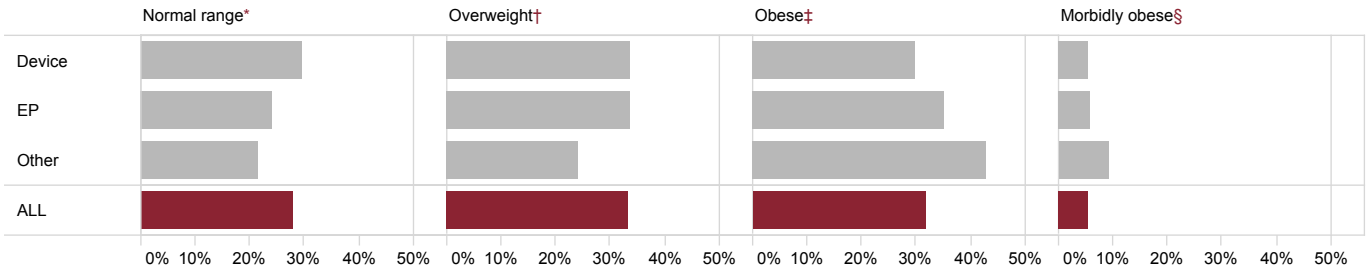
Figure 8: Proportion of cases by gender and category

Table 9: Proportion of cases by gender and category

	Total cases n	Male n (%)	Female n (%)
Device	3,551	2,226 (62.7)	1,325 (37.3)
EP	1,286	760 (59.1)	526 (40.9)
Other	364	252 (69.2)	112 (30.8)
ALL	**5,201**	**3,238 (62.3)**	**1,963 (37.7)**

5.2 Body mass index

Patients classed as having a body mass index (BMI) category of overweight (33%), obese (32%) or morbidly obese (6%) represented almost three quarters of all electrophysiology and pacing patients. Patients classed as underweight represented less than 2% of all cases.



* BMI 18.5–24.9 kg/m^2

† BMI 25.0–29.9 kg/m^2

‡ BMI 30.0–39.9 kg/m^2

§ BMI ≥40.0 kg/m^2

Figure 9: Proportion of cases by BMI and case category

5.3 Aboriginal and Torres Strait Islander status

Overall, the proportion of identified Aboriginal and Torres Strait Islander patients undergoing electrophysiology and pacing procedures was 4.4%. This correlates closely to the estimated proportion of Aboriginal and Torres Strait Islander peoples within Queensland (4.6%).[2] There was large variation between units, with the North Queensland sites seeing a larger proportion of Aboriginal and Torres Strait Islander patients.

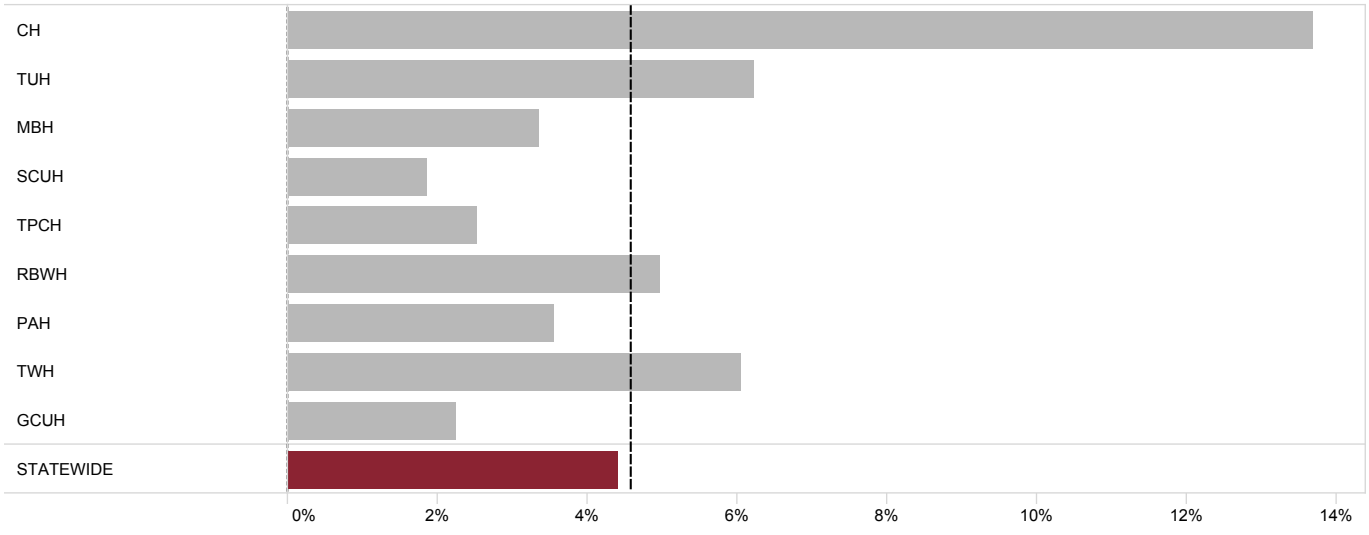


Figure 10: Proportion of cases by identified Aboriginal and Torres Strait Islander status and site

5.4 Device procedures

Case types and procedure combinations varied across the state and is driven primarily by services offered at individual sites. Single and dual chamber pacemaker implants/generator changes accounted for the majority of cases. There were eight sites across the state offering biventricular (BiV) pacemaker/ implantable cardioverter defibrillator insertion, with six sites providing leadless pacemaker implants.

Table 10: Cardiac device case types by site

Procedure type	CH	TUH	MBH	SCUH	TPCH	RBWH	PAH	TWH	GCUH
	n	n	n	n	n	n	n	n	n
Pacemaker procedure*	168	131	39	214	386	134	437	67	297
ICD procedure*	40	33	–	43	138	74	94	7	99
Loop recorder implant/explant	90	19	54	24	91	131	56	–	56
BiV ICD procedure*	15	19	–	26	76	21	40	5	30
BiV pacemaker procedure*	6	15	–	18	36	13	9	3	11
Lead revision/replacement/pocket revision	9	2	2	10	21	14	27	2	24
Device explant	2	1	4	3	58	1	5	1	7
Leadless pacemaker implant	4	12	–	–	21	4	2	–	4
Temporary pacing system	8	1	–	2	5	2	15	1	4
Defibrillation threshold testing	–	1	–	–	1	–	3	–	1
Insertion of epicardial lead	–	–	–	–	1	–	–	–	–
Insertion of epicardial pacing system	–	–	–	–	1	–	–	–	–
ALL	**342**	**234**	**99**	**340**	**835**	**394**	**688**	**86**	**533**

* Implant/generator change/upgrade

5.5 Electrophysiology studies/ablations

Electrophysiology studies involving radiofrequency ablation were the most common individual procedure performed across all sites, ranging from 61% of case volume at SCUH to 82% at GCUH.

Table 11: Electrophysiology study/ablation types by site

Site	Procedure type	Complex EP n	Standard EP n	Case n (%)
CH	Radiofrequency ablation	10	38	48 (57.1)
	Cryotherapy ablation	19	–	19 (22.6)
	Electrophysiology study	3	13	16 (19.0)
	Radiofrequency and cryotherapy ablation	1	–	1 (1.2)
TUH	Radiofrequency ablation	82	23	105 (80.2)
	Electrophysiology study	8	8	16 (12.2)
	Cryotherapy ablation	8	–	8 (6.1)
	Electrophysiology study and drug challenge	1	–	1 (0.8)
	Radiofrequency and cryotherapy ablation	1	–	1 (0.8)
SCUH	Radiofrequency ablation	157	21	178 (60.8)
	Electrophysiology study	41	14	55 (18.8)
	Cryotherapy ablation	51	5	55 (18.8)
	Radiofrequency and cryotherapy ablation	3	1	4 (1.4)
	Electrophysiology study and drug challenge	–	1	1 (0.3)
TPCH	Radiofrequency ablation	173	79	252 (70.8)
	Electrophysiology study	31	24	55 (15.4)
	Cryotherapy ablation	41	–	41 (11.5)
	Electrophysiology study drug challenge	4	2	6 (1.7)
	Radiofrequency and cryotherapy ablation	2	–	2 (0.6)
RBWH	Radiofrequency ablation	112	2	114 (71.7)
	Electrophysiology study	20	11	30 (18.9)
	Cryotherapy ablation	12	–	12 (7.5)
	Radiofrequency and cryotherapy ablation	2	–	2 (1.3)
	Electrophysiology study and drug challenge	–	1	1 (0.6)
PAH	Radiofrequency ablation	109	51	160 (77.3)
	Electrophysiology study	18	24	42 (20.3)
	Cryotherapy ablation	–	3	3 (1.4)
	Electrophysiology study and drug challenge	–	2	2 (1.0)
GCUH	Radiofrequency ablation	34	39	73 (82.0)
	Electrophysiology study	2	12	14 (15.7)
	Cryotherapy ablation	1	1	2 (2.2)
STATEWIDE		**946**	**374**	**1,319 (100.0)**

5.5.1 Ablation type/arrhythmia

The most frequently ablated clinical arrhythmia was atrial fibrillation (pulmonary vein isolation), which accounted for 32% of ablations across all sites. This was followed by atrioventricular nodal re-entry tachycardias (AVNRT) (20%) and atrial flutter (19%).

Age and gender varied depending on the arrythmia ablated. Patients undergoing accessory pathway ablation had a lower median age than those who underwent pulmonary vein isolation or AV node ablation. Furthermore, two thirds of patients undergoing pulmonary vein isolation were male which contrasts with the AVNRT cohort which is predominately a female group.

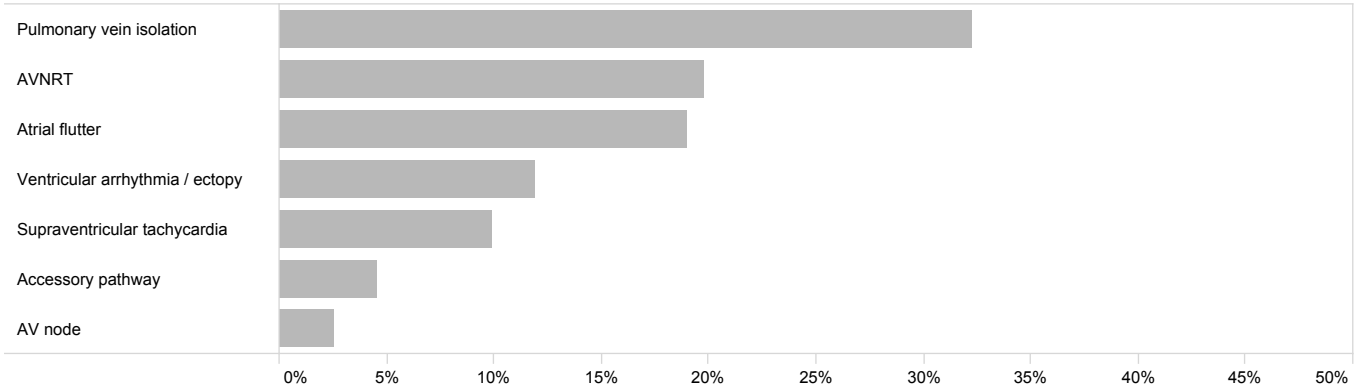


Figure 11: Proportion of arrhythmias ablated

Table 12: Median age and gender by ablation type

Ablation type	Gender	Total cases n (%)	Median age years
Pulmonary vein isolation	Male	240 (68.8)	59
	Female	109 (31.2)	66
AVNRT	Male	65 (30.4)	55
	Female	149 (69.6)	49
Atrial flutter	Male	155 (75.6)	66
	Female	50 (24.4)	71
Ventricular arrhythmia / ectopy	Male	86 (66.7)	65
	Female	43 (33.3)	47
Supraventricular tachycardia	Male	54 (50.5)	35
	Female	53 (49.5)	39
Accessory pathway	Male	34 (69.4)	30
	Female	15 (30.6)	23
AV node	Male	8 (29.6)	75
	Female	19 (70.4)	77
ALL		**1,080 (100.0)**	**59**

Table 13: Arrhythmia type by site

Site	Ablation type	Count n (%)
CH	Pulmonary vein isolation	24 (2.2)
	AVNRT	21 (1.9)
	Atrial flutter	7 (0.6)
	Supraventricular tachycardia	5 (0.5)
	Accessory pathway	4 (0.4)
	AV node	4 (0.4)
	Ventricular arrhythmia / ectopy	3 (0.3)
TUH	Pulmonary vein isolation	31 (2.9)
	Ventricular arrhythmia / ectopy	27 (2.5)
	AVNRT	26 (2.4)
	Atrial flutter	11 (1.0)
	Supraventricular tachycardia	8 (0.7)
	Accessory pathway	8 (0.7)
	AV node	3 (0.3)
SCUH	Pulmonary vein isolation	101 (9.4)
	Atrial flutter	65 (6.0)
	AVNRT	44 (4.1)
	Ventricular arrhythmia / ectopy	12 (1.1)
	Supraventricular tachycardia	9 (0.8)
	AV node	5 (0.5)
	Accessory pathway	1 (0.1)
TPCH	Pulmonary vein isolation	89 (8.2)
	AVNRT	54 (5.0)
	Ventricular arrhythmia / ectopy	49 (4.5)
	Atrial flutter	46 (4.3)
	Supraventricular tachycardia	39 (3.6)
	Accessory pathway	15 (1.4)
	AV node	3 (0.3)
RBWH	Pulmonary vein isolation	34 (3.1)
	Atrial flutter	30 (2.8)
	AVNRT	27 (2.5)
	Supraventricular tachycardia	19 (1.8)
	Ventricular arrhythmia / ectopy	10 (0.9)
	Accessory pathway	7 (0.6)
	AV node	1 (0.1)
PAH	Pulmonary vein isolation	55 (5.1)
	AVNRT	32 (3.0)
	Atrial flutter	26 (2.4)
	Ventricular arrhythmia / ectopy	17 (1.6)
	Supraventricular tachycardia	17 (1.6)
	Accessory pathway	8 (0.7)
	AV node	8 (0.7)
GCUH	Atrial flutter	20 (1.9)
	Pulmonary vein isolation	15 (1.4)
	Ventricular arrhythmia / ectopy	11 (1.0)
	AVNRT	10 (0.9)
	Supraventricular tachycardia	10 (0.9)
	Accessory pathway	6 (0.6)
	AV node	3 (0.3)
STATEWIDE		**1,080 (100.0)**

5.6 Other procedures

The most common other procedure was cardioversion (82%). Variations in clinical practice across sites can be observed here with not all cardioversions performed being carried out in the electrophysiology laboratory environment or documented using the QCOR module.

Table 14: Other procedures

	Total n	Cardioversion n (%)	Drug challenge n (%)	Other procedure n (%)	Pericardiocentesis n (%)
CH	100	84 (84.0)	10 (10.0)	5 (5.0)	1 (1.0)
TUH	151	144 (95.4)	3 (2.0)	3 (2.0)	1 (0.7)
MBH	21	21 (100.0)	–	–	–
SCUH	14	–	11 (78.6)	–	3 (21.4)
TPCH	8	–	1 (12.5)	5 (62.5)	2 (25.0)
RBWH	22	9 (40.9)	8 (36.4)	5 (22.7)	–
PAH	45	42 (93.3)	–	3 (6.7)	–
GCUH	3	–	2 (66.7)	1 (33.3)	–
STATEWIDE	**364**	**300 (82.4)**	**35 (9.6)**	**22 (6.0)**	**7 (1.9)**

6 Intraprocedural complications

Complications are a well-known, but rare outcome following any medical procedure or intervention. Some intraprocedural complications are more severe than others with a wide range of management options. The summary of complications below denotes events observed during and post procedure. The QCOR electrophysiology application is predominantly utilised for procedural detail reporting and as such, documentation of peri and post-procedural complications is the responsibility of site practitioners.

The complication rates for procedures are reflected as the proportion of the total number of device and electrophysiology procedures respectively. On some rare occasions, the development of an intraprocedural complication such as coronary sinus dissection necessitated a change of procedure type from BiV implant/upgrade to a non BiV device procedure. In these instances, complications are reported against the final procedure type.

The overall device procedure complication rate was 1.0%, while electrophysiology procedures had a 1.7% complication rate.

Table 15: Cardiac device procedure complications

Procedure type	Complication	Total n (%)
Pacemaker implant/generator change	Conduction block	3 (0.2)
	Other	3 (0.2)
	Vascular injury including bleeding	3 (0.2)
	Drug reaction	2 (0.1)
	Lead complication	2 (0.1)
	Pericardial effusion without tamponade	2 (0.1)
	Haemodynamic instability	1 (0.1)
	Pneumothorax	1 (0.1)
ICD implant/generator change/upgrade	Coronary sinus dissection	1 (0.2)
	Lead complication	1 (0.2)
	Vascular injury	1 (0.2)
BIV ICD implant/generator change/upgrade	Coronary sinus dissection	2 (0.9)
	Pericardial effusion with tamponade	1 (0.4)
	Pericardial effusion without tamponade	1 (0.4)
	Other	1 (0.4)
BIV pacemaker implant/generator change/upgrade	Atrial arrhythmia	1 (0.9)
	Coronary sinus dissection	1 (0.9)
Lead revision/replacement/pocket revision	Lead complication	2 (1.8)
	Cardiac arrest	1 (0.9)
	Death	1 (0.9)
	Pericardial effusion with tamponade	1 (0.9)
Loop recorder implant/explant	Haemodynamic instability	1 (0.2)
	Other	1 (0.2)
Temporary pacing system	Acute pulmonary oedema	1 (2.6)
ALL		**35 (1.0)**

Table 16: Electrophysiology procedure complications by study type and complexity

Procedure type	Complexity	Complication	Total n (%)
Electrophysiology study	Standard EP	Conduction block	1 (0.9)
		Neurologic disturbance	1 (0.9)
	Complex EP	Cardiac arrest	1 (0.8)
		Bleeding	1 (0.8)
Cryotherapy ablation	Complex EP	Phrenic nerve injury	3 (2.3)
Radiofrequency ablation	Standard EP	Conduction block	3 (1.2)
		Vasovagal reaction	2 (0.8)
	Complex EP	Death	2 (0.3)
		Pacing lead dislodgement	1 (0.1)
		Atrial arrhythmia requiring DCCV	1 (0.1)
		Cardiac arrest	1 (0.1)
		Pericardial effusion with tamponade	1 (0.1)
		Pericardial effusion without tamponade	1 (0.1)
		Vascular injury	1 (0.1)
		Other	1 (0.1)
Radiofrequency and cryotherapy ablation	Complex EP	Phrenic nerve injury	1 (11.1)
ALL			**22 (1.7)**

7 Clinical indicators

Clinical indicators are important measures of the clinical management and outcomes of patient care. An indicator that is clinically relevant and useful should highlight specific issues that may require attention or signal areas for improvement. Rate-based indicators typically identify the rate of occurrence of an event. There is emerging recognition that a capacity to evaluate and report on quality is a critical building block for system-wide improvement of healthcare delivery and patient outcomes.

The quality and safety indicators which have been nominated by the QCOR Electrophysiology and Pacing Committee are outlined below.

Table 17: Electrophysiology and pacing clinical indicators

Clinical indicator	Description
1	Waiting time from booking date to procedure by case category
2	Procedural tamponade rates
3	Reintervention within one year of procedure date due to cardiac device lead dislodgement
4	Rehospitalisation within one year of procedure due to infection resulting in loss of the device
5	12 month all-cause mortality for cardiac device procedures

7.1 Waiting time from referral date to procedure by case category

Waiting times for clinical interventions and investigations are an important metric for monitoring service provision and identifying potential unmet need. This clinical indicator examines the waiting time for various cardiac device procedure types. Specifically, the median wait time from the date the procedure was referred to the date of the case. For the purpose of this indicator, procedures classed as elective (not performed as part of an acute admission) are examined.

The adverse consequences of treatment delay are well known and include deterioration in the condition for which treatment is awaited, the loss of utility from delay (especially if treatment can relieve significant disability), a rise in the costs of total treatment, accumulation of any loss of income from work, and, as an extreme outcome, death.

An important distinction exists between the waiting time of the patients booked for their procedure and those who are referred for specialist opinion and subsequent treatment. As this indicator examines the wait time from booking date to case date, it is reflective of system performance that is specifically focused on electrophysiology and pacing demand and need.

7.1.1 Elective pacemaker

Examination of the waiting time for elective pacemaker procedures is below. Of the 269 cases with complete data, the median wait time was 3 days. There were one quarter of patients waiting more than one month.

Table 18: Elective pacemaker wait time analysis

	Total cases n	Total cases analysed n	Median wait time days	Interquartile range days
STATEWIDE	427	269	3	0–31

7.1.2 Elective ICD wait time and proportion within 28 days

This analysis examines the waiting time for elective ICD procedures and the proportion adhering to the benchmark of 28 days or less.

Table 19: Elective ICD wait time analysis

	Total cases n	Total cases analysed n	Median wait time days	Interquartile range days	Met target %
STATEWIDE	257	153	36	18–68	36.8

7.1.3 Standard ablation

Waiting times for standard ablation procedures are presented below. Of the 130 cases eligible for analysis, the median wait time was 99 days.

Table 20: Elective standard ablation wait time analysis

	Total cases n	Total cases analysed n	Median wait time days	Interquartile range days
STATEWIDE	205	130	99	50–168

7.1.4 Complex ablation with proportion within 180 days or less

Complex ablations are defined as cases using three-dimensional mapping technology or involving ventricular arrhythmia or pulmonary vein isolation. This indicator examines the waiting time for these procedures and the proportion adhering to the benchmark of 180 days or less.

A median wait time of 104 days was observed, with a large interquartile range demonstrating there are a number of patients with considerably long waits.

Table 21: Elective complex ablation wait time analysis

	Total cases n	Total cases analysed n	Median wait time days	Interquartile range days	Met target %
STATEWIDE	674	356	104	45–191	72.5

7.2 Procedural tamponade rates

Cardiac tamponade is a known complication of cardiac device and electrophysiology procedures. This indicator examines the rate of procedural pericardial tamponade in these procedure categories. As pericardial tamponade is a clinical diagnosis, this indicator explicitly reports those patients with this specific diagnosis and does not include those patients with the diagnosis or finding of pericardial effusion.

Table 22: Procedural tamponade analysis

Procedure category	Total cases analysed n	Procedural tamponade observed n	Procedural tamponade rate %
Device	3,551	2	<0.1
EP	1,286	8	0.6
ALL	**4,837**	**10**	**0.2**

7.3 Reintervention within one year of procedure date due to cardiac device lead dislodgement

This indicator identifies the number of cases where lead dislodgement was observed within one year of lead insertion. The cases included in this indicator were all new device implants or upgrades where a new lead/s had been implanted and a lead revision or replacement was subsequently required due to dislodgement. Index implant procedures were cases performed within Queensland Health implanting facilities in the 2019 calendar year.

The analysis showed 40 cases (2.0%) where reintervention was required within 12 months of the index procedure.

These results compare favourably with international cohorts, where observed dislodgement rates for pacemaker system implants vary from 1.0 to 2.7%.[29]

Table 23: Reintervention due to lead dislodgement analysis

	Cases analysed n	12 month lead dislodgement n	12 month lead dislodgement rate %
Eligible 2019 device cases	2,082	40	2.0

7.4 Rehospitalisation within one year of procedure due to infection resulting in loss of the device system

One of the most serious long-term complications related to mortality and morbidity for patients with cardiac implantable electronic devices is infection. Complete removal of all hardware is the recommended treatment for patients with established device infection because infection relapse rates due to retained hardware are high. For this indicator, implant cases where new devices or leads were implanted form the cohort.

A system loss rate of 0.5% was observed at 12 months post procedure. This is reassuring when compared to international literature which suggests infection rates necessitating explant of approximately 2.4%.[30]

Table 24: Rehospitalisation with device loss analysis

	Cases analysed n	12 month system loss due to infection n	12 month system loss rate %
Eligible 2019 device cases	2,595	15	0.5

7.5 12 month all-cause mortality for cardiac device procedures

The all-cause unadjusted mortality rate following cardiac device procedure was 4.7%. To allow complete follow up over 12 months, these outcomes are reported for the previous 2019 patient cohort.

When interpreting this figure, it is important to note patients undergoing cardiac device procedures are often of advanced age (median age old 73 years). In addition, many patients have advanced symptomology such as advanced heart failure, or most likely suffering from multiple underlying risk factors or comorbidities.

Table 25: 12 month all-cause unadjusted mortality for cardiac device procedures

	Cases analysed n	12 month mortality observed n	12 month mortality rate %	Median age at procedure years	Interquartile range years
Any BiV procedure	294	14	4.8	69	59–75
ICD procedure	532	13	2.4	63	54–72
Pacemaker procedures	2,343	122	5.2	75	66–83
All 2019 device cases	**3,169**	**149**	**4.7**	**73**	**62–81**

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Electrophysiology and Pacing Audit

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Glossary

6MWT	Six Minute Walk Test
ACC	Aristotle Comprehensive Complexity
ACEI	Angiotensin Converting Enzyme Inhibitor
ACP	Advanced Care Paramedic
ACS	Acute Coronary Syndromes
AEP	Accredited Exercise Physiologist
ANZCORS	Australia and New Zealand Congenital Outcomes Registry for Surgery
ANZSCTS	Australian and New Zealand Society of Cardiac and Thoracic Surgeons
AQoL	Assessment of Quality of Life
ARB	Angiotensin II Receptor Blocker
ARF	Acute Rheumatic Fever
ARNI	Angiotensin Receptor-Neprilysin Inhibitors
ASD	Atrial Septal Defect
AV	Atrioventricular
AVNRT	Atrioventricular Nodal Re-entry Tachycardia
BCIS	British Cardiovascular Intervention Society
BiV	Biventricular
BMI	Body Mass Index
BMS	Bare Metal Stent
BNH	Bundaberg Hospital
BSSLTX	Bilateral Sequential Single Lung Transplant
BVS	Bioresorbable Vascular Scaffold
CABG	Coronary Artery Bypass Graft
CAD	Coronary Artery Disease
CBH	Caboolture Hospital
CCL	Cardiac Catheter Laboratory
CCP	Critical Care Paramedic
CH	Cairns Hospital
COVID-19	Coronavirus disease 2019
CI	Clinical Indicator
CPB	Cardiopulmonary Bypass
CR	Cardiac Rehabilitation
CRT	Cardiac Resynchronisation Therapy
CS	Cardiac Surgery
CVA	Cerebrovascular Accident
DAOH	Days Alive and Out of Hospital
DES	Drug Eluting Stent
DOSA	Day of Surgery Admission
DSWI	Deep Sternal Wound Infection
ECG	12 lead Electrocardiograph
ECMO	Extracorporeal membrane oxygenation
ED	Emergency Department
eGFR	Estimated Glomerular Filtration Rate
EP	Electrophysiology
FdECG	First Diagnostic Electrocardiograph
FMC	First Medical Contact
FTR	Failure to Rescue
GAD	Generalized Anxiety Disorder
GCCH	Gold Coast Community Health
GCS	Glasgow Coma Scale
GCUH	Gold Coast University Hospital
GLH	Gladstone Hospital
GP	General Practitioner
GYH	Gympie Hospital
HBH	Hervey Bay Hospital (includes Maryborough)
HCC	Health Contact Centre
HF	Heart Failure
HFpEF	Heart Failure with Preserved Ejection Fraction
HFrEF	Heart Failure with Reduced Ejection Fraction
HFSS	Heart Failure Support Service
HHS	Hospital and Health Service
HOCM	Hypertrophic Obstructive Cardiomyopathy
HSQ	Health Support Queensland
IC	Interventional Cardiology
ICD	Implantable Cardioverter Defibrillator
IE	Infective Endocarditis
IHT	Interhospital Transfer
IPCH	Ipswich Community Health
IVDU	Intravenous Drug Use
LAA	Left Atrial Appendage
LAD	Left Anterior Descending Artery
LCX	Circumflex Artery
LGH	Logan Hospital
LOS	Length Of Stay
LV	Left Ventricle
LVEF	Left Ventricular Ejection Fraction
LVOT	Left Ventricular Outflow Tract
MBH	Mackay Base Hospital
MI	Myocardial Infarction
MIH	Mt Isa Hospital
MKH	Mackay Base Hospital
MRA	Mineralocorticoid Receptor Antagonists
MSSA	Methicillin Susceptible Staphylococcus Aureus
MTHB	Mater Adult Hospital, Brisbane
NCDR	The National Cardiovascular Data Registry

NCR	National Cardiac Registry
NCS	Networked Cardiac Services
NP	Nurse Practitioner
NRBC	Non-Red Blood Cells
NSTEMI	Non-ST Elevation Myocardial Infarction
OR	Odds Ratio
OOHCA	Out of Hospital Cardiac Arrest
ORIF	Open Reduction Internal Fixation
PAH	Princess Alexandra Hospital
PAPVD	Partial Anomalous Pulmonary Venous Drainage
PCI	Percutaneous Coronary Intervention
PDA	Patent Ductus Arteriosus
PFO	Patent Foramen Ovale
PHQ	Patient Health Questionnaire
PICU	Paediatric intensive care unit
PROMS	Patient Reported Outcome Measures
QAS	Queensland Ambulance Service
QCOR	Queensland Cardiac Outcomes Registry
QEII	Queen Elizabeth II Jubilee Hospital
QHAPDC	Queensland Hospital Admitted Patient Data Collection
RBC	Red Blood Cells
RBWH	Royal Brisbane & Women's Hospital
RCA	Right Coronary Artery
RDH	Redcliffe Hospital
RHD	Rheumatic Heart Disease
RKH	Rockhampton Hospital
RLH	Redland Hospital
SCCIU	Statewide Cardiac Clinical Informatics Unit
SCCN	Statewide Cardiac Clinical Network
SCUH	Sunshine Coast University Hospital
SHD	Structural Heart Disease
SMoCC	Self Management of Chronic Conditions
STEMI	ST-Elevation Myocardial Infarction
STS	Society of Thoracic Surgery
TAVR	Transcatheter Aortic Valve Replacement
TMVR	Transcatheter Mitral Valve Replacement
TNM	Tumour, Lymph Node, Metastases
TPCH	The Prince Charles Hospital
TPVR	Transcatheter Pulmonary Valve Replacement
TUH	Townsville University Hospital
TWH	Toowoomba Hospital
VAD	Ventricular Assist Device
VATS	Video Assisted Thoracic Surgery
VCOR	Victorian Cardiac Outcomes Registry
VF	Ventricular Fibrillation
VSD	Ventricular Septal Defect

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